

Smooth 'n' Easy

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Karen Hadley (UK)
音樂: Makin It Tonight - Fools Gold



DOUBLE KICK RIGHT FORWARD, ROCK BACK, STEP, PIVOT HALF TURN LEFT, STEP, PIVOT QUARTER TURN LEFT

1-2 Kick right leg forward twice
3-4 Rock back on right, rock forward on left
5-6 Step forward on right, pivot half turn left
7-8 Step forward on right, pivot quarter turn left (facing 3:00)

WEAVE LEFT, CROSS ROCK, CROSS, SCUFF

1-2 Cross step right over left, step left to left side
3-4 Cross step right behind left, step left to left side
5-6 Cross rock right over left, rock back on left
7-8 Cross step right over left, scuff left diagonal left forward

CROSS, QUARTER TURN LEFT, LEFT SHUFFLE BACK, BACK ROCK, FULL TURN LEFT

1-2 Sweep left to cross step left over right, step right to right side making quarter turn left
3&4 Step back on left, step right beside left, step back on left
5-6 Rock back on right, rock forward on left
7-8 Traveling forward turn a full turn left stepping, right, left, (facing 12:00)

Easier option: counts 5-6 above, walk forward stepping, right, left

DIAGONAL RIGHT, TOGETHER, RIGHT, TOUCH & CLAP, SIDE, TOUCH, SIDE, TOUCH

1-2 Step right to right diagonal forward, close left beside right
3-4 Step right to right diagonal forward, touch left beside right & clap
5-6 Step left to left side, touch right beside left (optional click fingers)
7-8 Step right to right side, touch left beside right (optional click fingers)

CHASSE LEFT, BACK ROCK, KICK BALL-CROSS, SIDE TOE STRUT

1&2 Step left to left side, step right beside left, step left to left side
3-4 Cross rock right behind left, rock forward on left
5&6 Kick right to right diagonal, step right slightly to right side, cross step left over right
7-8 Touch right toe to right side, drop right heel (taking weight)

WEAVE RIGHT QUARTER TURN RIGHT, STEP, PIVOT HALF TURN RIGHT, STEP, TOUCH

1-2 Cross step left over right, step right to right side
3-4 Cross step left behind right, step right quarter turn right
5-6 Step forward on left, pivot half turn right
7-8 Step forward on left, touch right toe beside left (facing 9:00)

SIDE, TOGETHER, FORWARD, HOLD & CLAP, SIDE, TOGETHER, FORWARD, HOLD & CLAP

1-2 Step right to right side, close left beside right
3-4 Step forward on right, hold & clap
5-6 Step left to left side, close right beside left
7-8 Step forward on left, hold & clap

FORWARD ROCK, HALF SHUFFLE TURN RIGHT, FULL TURN RIGHT, FORWARD, TOUCH

1-2 Rock forward on right, rock back on left
3&4 Shuffle half turn right, stepping: right, left, right

5-6 Traveling forward turn a full turn right stepping, left, right

Easier option: counts 5-6 above, walk forward stepping, left, right

7-8 Step forward on left, touch right toe beside left (facing 3:00)

REPEAT
