

Smoke Rings

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Ray Graham (AUS)
音樂: Smoke Rings In the Dark - Gary Allan



SHUFFLE, ROCK, ROCK, SHUFFLE, ROCK, ROCK

1&2 Right shuffle forward
3-4 Step left to left side, side rock onto right foot
5&6 Left shuffle forward
7-8 Step right to right side, side rock onto left foot

ROCK, ROCK, TURNING TRIPLE, SHUFFLE, FULL TURN

1-2 Rock forward onto right foot, rock back onto left foot
3&4 Turning ½ right step right-left-right on the spot (triple step)
5&6 Left shuffle forward
7-8 Turning ½ turn left step back on right foot, turning ½ turn left step forward onto left foot

SHUFFLE, ROCK, ROCK, SAILOR SHUFFLE, SAILOR SHUFFLE

1&2 Right shuffle forward
3-4 Step forward onto left foot, rock back onto right foot
5&6 Left sailor shuffle (step left behind right, step right to the side, step left to the side)
7&8 Right sailor shuffle (step right behind left, step left to the side, step right to the side)

STEP, PIVOT, TRIPLE STEP, STEP, PIVOT, TRIPLE STEP

1-2 Step left foot forward, pivot ½ turn right
3&4 Triple step (step left-right-left on the spot)
5-6 Step right foot forward, pivot ½ turn left
7&8 Triple step (step right-left-right on the spot)

SIDE, BEHIND, CROSS SHUFFLE, ROCK, ROCK, COASTER STEP

1 Step left to left side
2&3&4 Step right foot behind left, step back slightly on left foot to left, cross right foot over left, step left together, cross right foot over left
5-6 Step left foot to left side, side rock onto right foot
7&8 Coaster step (step left foot back, step right foot back, step left foot forward)

STEP, LOCK, TRIPLE STEP, STEP, LOCK, TRIPLE STEP

1-2 Step right foot forward 45 degrees, lock left foot behind right
3&4 Triple step (step right-left-right on the spot)
5-6 Step left foot forward 45 degrees, lock right foot behind left
7&8 Triple step (step left-right-left on the spot)

STEP, BEHIND, CROSS SHUFFLE, ROCK, ROCK, COASTER STEP

1 Step right to right side
2&3&4 Step left behind right, step back slightly on right foot to right, cross left foot over right, step right together, cross left over right
5-6 Step right foot to right side, side rock onto left foot
7&8 Coaster step (step right foot back, step left foot back, step right foot forward)

STEP, PIVOT, CROSS SHUFFLE, TURN ¼, TURN ½, TURN ½, STEP FORWARD

1-2 Step left foot forward, pivot ¼ turn right
3&4 Cross left over right, step right foot together, cross left over right

5-8

Turning $\frac{1}{4}$ turn left, step back onto right foot, turning a further $\frac{1}{2}$ turn step forward on the left foot, turning a further $\frac{1}{2}$ turn step back onto right foot, step left foot forward

REPEAT
