

Smile

拍數: 32 牆數: 4 級數: Improver
編舞者: Marilyn Morgan (USA)
音樂: Smile - Vitamin C



1-4 Full turn to right stepping right, left, right, and extending left heel forward on fourth count

SCISSORS

&5 Step left beside right, cross right over left
&6 Step left to left side, extend right heel forward diagonally
&7 Step right to right side, cross left over right
&8 Step right to right side, extend left heel forward diagonally

&1-2 Quick switch to put weight on left foot, step forward right, pivot $\frac{1}{4}$ turn to left
3 Extend right heel forward diagonally
&4 Quick switch and extend left heel forward diagonally
5-6 Step forward right and circle hips to the left
7-8 Repeat hip circle

1&2 Right coaster step
3 Step forward left making $\frac{1}{4}$ turn to right
4 Step forward right making $\frac{1}{4}$ turn to right
5&6 Left coaster step
7-8 Step forward right, left

1 Extend right heel forward
&2 Ball change right, left
3-4 Cross right over left, unwind $\frac{1}{2}$ turn to left
5-6 Hitch right knee in front of left leg, step down on right, hip distance from left
7&8 Straighten left leg and bend right knee in, straighten right leg, bend right knee in again

REPEAT
