Small Town Strut



拍數: 32 牆數: 4 級數:

編舞者: Su Marshall (NZ)

音樂: Nobody Gets Off In This Town - Garth Brooks



HEEL STRUT, HEEL STRUT, JAZZ SQUARE

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3-4 Step forward on left heel, step down on left foot ("heel strut")

5-6 Step across left with right foot, step back on left7-8 Step to side with right, close with left. ("jazz square")

HEEL STRUT, HEEL STRUT, JAZZ SQUARE WITH 1/4 TURN

1-2 Heel strut forward on left3-4 Heel strut forward on right

5-6 Step across right with left foot, step back on right

7 ½ turn to the left & step forward on left

8 Close with right

STEP SIDE, CLOSE, SIDE, CLOSE, HEEL SPLITS TWICE

1-2 Step right to side, close with left3-4 Step left to side, close with right

5-6 Split both heels apart (weight on balls of both feet), bring heels together again ("heel split")

7-8 Repeat heel split

GRAPEVINE RIGHT, GRAPEVINE LEFT WITH 1/2 TURN

1-2-3 Step right to side, cross behind with left, step right to side

4 Scuff left foot forward

5-6 Step left to side, cross behind with right 7 1/4 turn to the left & step forward on left

8 Scuff right foot forward while turning ¼ to the left on ball of left foot

REPEAT