

Small And Humble

COPPER KNOB
BY STEPHEN HETS

拍數: 48 牆數: 2 級數: Improver
編舞者: Debbie Greaves (AUS)
音樂: Whenever, Wherever - Shakira



VINE RIGHT ¼ TURN SHUFFLE, ¼ PIVOT RIGHT CROSS SHUFFLE LEFT ACROSS RIGHT

1-2-3&4 Step right to right side, step left behind right, step right ¼ turn shuffle
5-6-7&8 Step left ¼ pivot turn right, cross shuffle left over right

VINE RIGHT ¼ TURN SHUFFLE, ¼ PIVOT RIGHT CROSS SHUFFLE LEFT ACROSS RIGHT

1-2-3&4 Step right to right side, step left behind right, step right ¼ turn shuffle
5-6-7&8 Step left ¼ pivot turn right, cross shuffle left over right

STEP RIGHT, SWIVEL (ROLLING) HIPS ROUND INTO A ¼ TURN LEFT, COASTER BACK LEFT, ROCK RIGHT-LEFT, 1 ½ TRIPLES BACK ON RIGHT

1-2-3&4 Step right to right side, swiveling/rolling hips round into a ¼ turn left (weight on right), coaster back on left
5-6-7&8 Rock forward right, recover left, 1 ½ triple turn back right (alternative: ½ turn shuffle back right)

ROCK FORWARD LEFT, RECOVER RIGHT, ROCK BACK LEFT & STEP FORWARD, REPEAT ON RIGHT

1-2-3&4 Rock forward left, recover right, rock back left, right heel up step down on right, step forward left
5-6-7&8 Rock forward right recover left, rock back right, left heel up and step down on left, step forward on right (as you're rocking back & forward, accentuate rocking/ swaying your hips from side to side)

LEFT SIDE ROCK CROSS, RIGHT ¼ TURN MONTEREY, REPEAT

1&2-3-4 Left side rock cross in front of right, right point to right side, ¼ Monterey turn to right
5&6-7-8 Repeat last 4 counts

STEP LEFT FORWARD, ROCK BACK RIGHT (ROLLING HIPS) SHUFFLE FORWARD LEFT, STEP RIGHT ¼ TURN LEFT, DRAG LEFT BEHIND SIDE CROSS

1-2-3&4 Step forward left recover right (rolling hips round to the left), shuffle forward left
5-6-7&8 Large step forward right with a ¼ turn left, drag left up to right, step left behind right, step right to right side, step left across in front of right

REPEAT

TAG

On the third wall, before you start the sequence again, there's a 4 count tag

1&2-3&4 Step right side, rock left, cross right over left, step left side, rock right, cross left over right
