

Smack That

拍數: 32 牆數: 2 級數: Improver
編舞者: Emma Jackson
音樂: Smack That (Radio Edit) - Akon And Eminem



Counts in 16 seconds, just before vocal starts

RIGHT SHUFFLE, FRONT ROCK ¼ CROSS(RIGHT), SIDE ROCK HALF TURN OVER LEFT SHOULDER, RIGHT KNEE IN, KICK RIGHT

- 1&2 Step right forward, place left behind right, step right forward
3&4 Rock left foot forward, replace weight onto right while turning a ¼ right, cross left over right (3:00)
5-6 Rock out to right side, replace onto left while turning ½ a turn over left shoulder pointing right foot to right side (9:00)
7-8 Turn right knee in, kick right to the angle

CROSS RIGHT, AND CROSS, PLACE LEFT, UNWIND ½, AND CROSS STEP BACK ¼, OPEN ¼ PUSH HIPS TO RIGHT (ATTITUDE, FLICK HEAD AS YOU PUSH HIPS)

- 1&2 Cross right over left, step left to left side cross right over left
3-4 Place left foot at left angle, unwind ½ over right shoulder (3:00)
&5-6 Step left to left side and then cross right over left, step left foot back while making a ¼ turn right (6:00)
7-8 With weight on left turn a ¼ over right shoulder, place right to right side push hips to right (9:00) (angle your left leg toward 6:00)

AND STEP ¼, WALK, WALK, RIGHT MAMBO, ½ BALL STEP, RIGHT WALK, LEFT WALK, HITCH SWEEP SLIDE ¼

- &1-2 Step left to 6:00, walk right, walk left
3&4& Place right foot forward, replace weight to left, rock right foot back, replace weight to left
&5-6 Over left shoulder use ball on left foot, walk right, walk left (12:00)
7&8 Hitch right knee forward, sweep knee to right side ¼ (making a figure 4 with your legs), big step drag to right side (3:00)

LEFT SAILOR, RIGHT HEEL ¼ SWIVEL, STEP BACK RIGHT, LEFT MAMBO POINT, AND HEEL DIG, ROLL BODY AND TRANSFER WEIGHT TO LEFT FOOT

- 1&2 Sweep left behind right, step right next to left, step left to left side
3&4 Place right heel over left swivel ¼ turn to right, replace weight to left, step right back
5&a6 Rock left foot back, replace weight to right, step left foot together, pointing your right foot to right side
&7-8 Bring right foot in and dig left heel forward, roll body forward transferring weight to left foot

REPEAT