

Smack Dab

拍數: 48 牆數: 2 級數:
編舞者: Rick Bates (USA) & Deborah Bates (USA)
音樂: Pick Up The Tempo - The Thompson Brothers Band



FORWARD STEP SCUFFS

- 1-2 Step forward on right foot; scuff left foot next to right and clap hands
- 3-4 Step forward on left foot; scuff right foot next to left and clap hands
- 5-6 Step forward on right foot; scuff left foot next to right and clap hands
- 7-8 Step forward on left foot; scuff right foot next to left and clap hands

WALK BACK, DOUBLE KICKS

- 9-10 Step back on right foot; step back on left foot
- 11-12 Kick right foot forward twice
- 13-14 Step back on right foot; step back on left foot
- 15-16 Kick right foot forward twice

VINE RIGHT WITH ¼ TURN, DIAGONAL STEP & TOUCH

- 17-18 Step to the right on right foot; step behind right on left foot
- 19-20 Step ¼ turn to the right on right foot; scuff left foot next to right
- 21-22 Step forward and diagonally left on left foot; touch right foot next to left and clap hands
- 23-24 Step back and diagonally right on right foot; touch left foot next to right and clap hands

VINE LEFT WITH ¼ TURN, DIAGONAL STEP & TOUCH

- 25-26 Step to the left on left foot; step behind left on right foot
- 27-28 Step ¼ turn to the left on left foot; scuff right foot next to left
- 29-30 Step forward and diagonally right on right foot; touch left foot next to right and clap hands
- 31-32 Step back and diagonally left on left foot; touch right foot next to left and clap hands

PADDLE TURNS, DIAGONAL STEP SLIDES

- 33-34 Step forward on ball of right foot; pivot ¼ turn to left on ball of left foot
- 35-36 Step forward on ball of right foot; pivot ¼ turn to left on ball of left foot
- 37-38 Step forward and diagonally right on right foot; slide left foot next to right
- 39-40 Step forward and diagonally right on right foot; scuff left foot next to right

MILITARY PIVOTS RIGHT, DIAGONAL STEP SLIDES

- 41-42 Step forward on left foot; pivot ½ turn to the right on ball of left foot and shift weight to right foot
- 43-44 Step forward on left foot; pivot ½ turn to the right on ball of left foot and shift weight to right foot
- 45-46 Step forward and diagonally left on left foot; slide right foot next to left
- 47-48 Step forward and diagonally left on left foot; scuff right foot next to left

REPEAT