

Slowly But Surely

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Ian Dunn (AUS)
音樂: Slowly But Surely - Rosemary Rae & Graeme Connors



FORWARD ½, BACK ½, SHUFFLE, STEP, TAP, SHUFFLE BACK

1-2 Step forward on right turning ½ turn right, step back on left turning ½ turn right (12:00)
3&4 Shuffle forward right-left-right
5-6 Step left forward, tap right toe beside left foot
7&8 Shuffle back right-left-right

ROCK, RETURN, LEFT DOROTHY, RIGHT DOROTHY, FRONT, SIDE BEHIND, SIDE

1-2 Rock back on left, forward on right
3-4& Step left forward at 45 degrees left, lock right behind left foot, step left to left side
5-6& Step right forward at 45 degrees right, lock left behind right foot, step right to right side
7&8& Step left across right, step right to right side, step left behind right, step right to right side

CROSS ¼ TURN, ½ TURN, SHUFFLE, FULL TURN RIGHT, LEFT, TRIPLE ½ TURN

1-2 Step left across right turn ¼ turn right, pivot ½ turn right on balls of feet weight on right (9:00)
3&4 Shuffle forward left-right-left
5-6 Full turn left stepping right-left
7&8 Triple step turning ½ turn left (left-right-left) moving slightly back

ROCK, RETURN, SHUFFLE, STEP, TUCK, COASTER STEP

1-2 Rock back on left foot, forward on right foot
3&4 Shuffle forward left-right-left
5-6 Step forward right bending right knee, tuck left foot up behind right knee
7&8 Step left back, step back on right, step forward on left

REPEAT

TAG

At the end of the 5th wall, now facing 9:00 you restart the dance but end facing the front wall with the following steps:

FORWARD ½ TURN, BACK ½ TURN, SHUFFLE, STEP, TAP, SHUFFLE BACK ¾ TURN

1-2 Step forward on right turning ½ turn right, step back on left turning ½ turn right
3&4 Shuffle forward right-left-right
5-6 Step left forward, tap right toe beside left foot
7&8 Shuffle back right-left-right turning ¾ turn left to face the front wall

Keep left heel raised & left knee bent for style weight on right foot