Slow Hurry



拍數: 52 牆數: 4 級數: Intermediate

編舞者: Pete Harkness (UK)

音樂: Slow Hurry - The Bellamy Brothers



SIDE, BEHIND, HEEL JACK & CROSS, SIDE, ½ TURN, TOUCH ¼ TURN

1-2&3 Step right to side, step left behind right &step right to side, tap left heel in front

&4-5-6 Step left beside right & cross right over left, step left to side, ½ turn right stepping right to side

7-8 Touch left toes beside right, step left ¼ turn to left

STEP, PIVOT, ½ SHUFFLE TURN, ROCK, RECOVER, LEFT SHUFFLE

1-2-3&4 Step forward on right, ½ pivot turn left, make ½ turn left shuffling right left right

5-6-7&8 Rock back on left, recover on right, shuffle forward left right left

TWO STEP TURN. STEP 1/4 TURN. SYNCOPATED WEAVE. KICKBALL CROSS

1-2 On ball of left ½ turn to left stepping back on right, ½ turn to left stepping forward on left

3-4-5&6 Step forward on right, ¼ turn to left, step right behind left & step left to side, cross right over

left

7&8 Kick left to left diagonal & step left beside right, cross right over left

HIP BUMPS WITH 1/4 TURN KICK, COASTER STEP, LEFT SHUFFLE

1-2-3-4 Step left to side as you hip bump to left, right, left, ¼ turn to right kicking right in front

5-6-7&8 Step back on right & step left beside right, step forward on right, shuffle forward left right left

ROCK, RECOVER, 1/4 TURN, TOGETHER, CHASSE 1/4 TURN, STEP, 1/4 TURN

1-2-3-4 Rock forward on right, recover on left, ¼ turn right stepping right to side, step left beside right

5&6-7-8 Step right to side &step left beside right, step right ¼ turn right, step forward on left, ¼ turn

right

CROSS, SWEEP, CROSS, SWEEP, CROSS, STEP, TURN, TOUCH

1-2 Cross left over right, sweep right out and across in front of left (no weight on right)

3-4 Cross right over left, sweep left out and across in front of right (no weight on left)

5-6-7-8 Cross left over right, step back on right, ¼ turn left stepping left to side, touch right beside left

SKATE STEPS MOVING FORWARD RIGHT LEFT RIGHT LEFT

1-2-3-4 Skate forward to right diagonal on right, skate to left diagonal on left, repeat counts 1-2

REPEAT

RESTART

On walls 1 & 3 restart the dance after count 48