

Slow Hand

拍數: 68 牆數: 4 級數: Intermediate
編舞者: Rosalie Mackay (AUS)
音樂: Slow Hand - Conway Twitty



BACK, DRAG, SHUFFLE BACK, BACK, DRAG, SHUFFLE BACK

- 1-2-3&4 Step left back at 45 degrees left, drag right beside left, shuffle back at 45 degrees right stepping right-left-right
5-6-7&8 Step left back at 45 degrees left, drag right beside left, shuffle back at 45 degrees right stepping right-left-right

BACK & FORWARD ¼ TURN, ¼ TURN SIDE, CROSS, SIDE SHUFFLE, CROSS ROCK ¼ TURN

- 1&2-3-4 Rock back on left, step forward on right, turn ½ right step left back, turn ¼ right step right side, step left over right (3:00)
5&6-7&8 Side shuffle right-left-right, rock left over right, rock back on right, turn ¼ left, step left forward (6:00)

STEP, ¾ TURN SWEEP, BEHIND SIDE CROSS, ¼ TURN, ½ PIVOT, ¼ TURN

- 1-2-3&4 Step right forward, turn ¾ left on ball of right sweep left around (9:00), step left behind right, step right to side, step left over right
5-6-7-8 Turn ¼ right step right forward, step left forward, pivot ½ turn right weight on right, turn ¼ right step left to side (9:00)

BEHIND, SWEEP, SAILOR STEP, BEHIND, SWEEP, SAILOR STEP

- 1-2-3&4 Step right back, sweep left around, step left behind right, step right to side, step left in place
5-6-7&8 Step right back, sweep left around, step left behind right, step right to side, step left in place

BACK & FORWARD ½ TURN, ½ SPIN SHUFFLE FORWARD, PIVOT ¼ TURN, BEHIND SIDE CROSS

- 1&2-3&4 Rock back on right, step forward on left, turn ½ left step right back, turn ½ left on ball of right, shuffle forward left-right-left (9:00)
5-6-7&8 Step right forward, pivot ¼ left weight on left, step right behind left, step left to side, step right over left (6:00)

SIDE, DRAG, BEHIND ¼ TURN, PIVOT ½ TURN, FORWARD, FULL TURN

- 1-2&3-4 Step left (big step) to side, drag right to left, step right behind left, turn ¼ left step left forward (3:00), step right forward
5-6-7-8 Pivot ½ left weight on left (9:00), step right forward, full turn forward turning right stepping left-right (9:00)

On wall 2, dance the next 16 counts twice, then restart the dance

SIDE, DRAG, BEHIND SIDE CROSS, & CROSS, SIDE, DRAG, 2 TOE TAPS

- 1-2-3&4 Step left (big step) to left side, drag right to left, step right behind left, step left to left side, step right over left
&5-6-7&8 Step left to left side, step right over left, step left to left side, drag right to left, double tap right toe behind left (&8)

FULL TURN, SIDE, DRAG, BEHIND SIDE CROSS, & SIDE, 1 TOE TAP, HOLD & CLICK

- 1-2-3-4 Full turn right stepping right, left (9:00), step right (big step) to side, drag left to right
5&6&7-8 Step left behind right, step right to side, step left over right, step right to right side, tap left toe behind right, hold & click

SIDE STEP WITH HIPS LEFT, RIGHT, LEFT, RIGHT

- 1-2-3-4 Step left to left side and bump hips left-right-left-right

REPEAT

RESTART

On wall 2, dance counts 49-64 twice, then restart.
