

Slow Goodbye (P)

拍數: 32 牆數: 0 級數: Partner
編舞者: DJ Dan (NL) & Wynette Miller (NL)
音樂: Slow Goodbye - Verlon Thompson



Position: Right Side By Side (Sweetheart)

(MAN) SIDE, SLIDE, ROCK STEP BACK; STEP, LOCK, STEP, HOLD

(LADY) SIDE, SLIDE, ROCK STEP BACK; FULL TURN FORWARD, STEP FORWARD, HOLD

1-2 (Large) step right to right side, slide left towards right, (no weight)

3-4 Rock left back, recover weight onto right

Let go left hand, raise right hand

5-6 **MAN:** Step left forward, lock right behind left

LADY: Make ½ turn right step left back, make ½ turn right step right forward, (LOD)

Rejoin left hand, right side by side

7-8 Step left forward, hold

Easier option for lady:

5-6 Step left forward, lock right behind left

ROCK STEP FORWARD, STEP BACK, HOLD; ROCK STEP BACK, STEP FORWARD, HOLD

1-4 Rock right forward, recover weight onto left, step right back, hold

5-8 Rock left back, recover weight onto right, step left forward, hold

STEP, LOCK, STEP, HOLD, STEP, ½ TURN RIGHT, ROCK STEP BACK

1-4 Step right forward, lock left behind right, step right forward, hold

5-6 Step forward on ball of left, make with weight on ball of left ½ turn right drop left heel, (RLOD)

Left side by side

7-8 Rock right back, recover weight onto left

STEP, ½ TURN, STEP, HOLD; SIDE WITH HIP SWAYS, TOUCH

1-4 Step right forward, pivot ½ turn left, step right forward, hold, (LOD)

Right side by side

5-8 Step left to left side sway hips to left, right, left, touch right next to left

REPEAT

See also: "Slow Goodbye" 4 wall line dance