

Slow Down Baby

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Caz Mawby (UK)
音樂: Slow Down Baby - Christina Aguilera



SIDE SLIDE BACK ROCK SIDE BACK ROCK ¼ KICK COASTER

1-2 Long step to right side slide left up to right (weight on left)
3&4 Rock back on right recover weight on left step right to side
5&6 Rock back on left making a ¼ turn left recover on right kick left forward
7&8 Step back on left step right together step forward on left

POINT HITCH ¼ SIDE WALK LEFT RIGHT FORWARD & BACK SYNCOPATED ROCKS POINT

1&2 Point right out to side hitch right knee making a ¼ turn left step right to side (6:00)
3-4 Walk forward left right
5&6& Rock forward on left recover on right rock back on left recover on right
7&8 Rock forward on left recover on right point left toe back

HEEL BOUNCE ½ TURN COASTER POINT & POINT

1-4 Making a ½ turn over left shoulder heel bounce tapping right heel 4 times keeping left toe pointed (12:00)
5&6 Step back on left step right together step forward on left
7&8& Point right out to side step right next to left point left out to side step left next to right

STEP ¾ TURN LEFT CHASSE RIGHT LEFT SAILOR STEP SKATE FORWARD TWICE

1-2 Step forward on right pivot ¾ turn left
3&4 Step right to side close left up to right step right to side
5&6 Cross left behind right step right to side step left to place
7-8 Skate forward right left (3:00)

REPEAT
