

# Slow Down Baby

**COPPER KNOB**  
STEPSHETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Caz Mawby (UK)  
音樂: Slow Down Baby - Christina Aguilera



## **SIDE SLIDE BACK ROCK SIDE BACK ROCK ¼ KICK COASTER**

1-2      Long step to right side slide left up to right (weight on left)  
3&4      Rock back on right recover weight on left step right to side  
5&6      Rock back on left making a ¼ turn left recover on right kick left forward  
7&8      Step back on left step right together step forward on left

## **POINT HITCH ¼ SIDE WALK LEFT RIGHT FORWARD & BACK SYNCOPATED ROCKS POINT**

1&2      Point right out to side hitch right knee making a ¼ turn left step right to side (6:00)  
3-4      Walk forward left right  
5&6&      Rock forward on left recover on right rock back on left recover on right  
7&8      Rock forward on left recover on right point left toe back

## **HEEL BOUNCE ½ TURN COASTER POINT & POINT**

1-4      Making a ½ turn over left shoulder heel bounce tapping right heel 4 times keeping left toe pointed (12:00)  
5&6      Step back on left step right together step forward on left  
7&8&      Point right out to side step right next to left point left out to side step left next to right

## **STEP ¾ TURN LEFT CHASSE RIGHT LEFT SAILOR STEP SKATE FORWARD TWICE**

1-2      Step forward on right pivot ¾ turn left  
3&4      Step right to side close left up to right step right to side  
5&6      Cross left behind right step right to side step left to place  
7-8      Skate forward right left (3:00)

**REPEAT**

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