Slow Dancing (P)

拍數: 36

級數: Partner

編舞者: Robert Hocking (UK) & Kathryn Hocking (UK)

音樂: Slow Dance - Michael Peterson

Position: Sweetheart

BASIC WALTZ FORWARD, BACK,

- 1-3 Step forward left, step right beside left, step left in place
- 4-6 Step back on right, step left besides right, step right in place

MAN'S ¾ TURN LEFT (LADY'S ¼ TURN), BASIC WALTZ

Release right hands, bring left over man's head

7-9 **MAN:** ³⁄₄ Turn to left (raising left hands) stepping left, right, left (OLOD)

LADY: ¼ Turn left, stepping left, right, left.(ILOD)

Rejoin man's right hand with lady's left

10-12 MAN: Step back right, step left beside right, step right in place LADY: Step forward right, step left beside right, step right in place

MAN'S BASIC, LADY FULL TURN, BASIC BACK

Release man's left, lady's right hand

13-15 MAN: Stepping slightly forward left, step right beside left, step right in place LADY: Stepping left, right left, making full turn to left

Rejoin hands

16-18 MAN: Step back right, step left beside right, step right in place LADY: Step back right, step left beside right, step right in place

MAN'S ¼ TURN LEFT, LADY ¾ TURN LEFT, BASIC FORWARD

Don't release hands raise man's left hand and finish in wrap position

19-21 MAN: Cross left over right, step left in place turning ¼ turn to left, step right in place (LOD) LADY: Stepping left, right left, making ¾ turn to left (LOD)

Still in wrap

22-24 MAN: Step forward on right, step left beside right, step right in place LADY: Step forward on right, step left beside right, step right in place

LEFT CROSS TWINKLE, RIGHT CROSS TWINKLE

- 25-27 Cross step left over right, (angling body to left) step right to right (small step), step left beside right
- 28-30 Cross right over left, (angling body to right) step left to left (small step), step right beside left

MAN BASIC FORWARD TWICE, LADY FULL TURN, BASIC FORWARD

Raising both hands, above head, and changing as lady turns into sweetheart

- 31-33 MAN: Step left forward, step right beside left, step left in place
 - LADY: Turning full turn to right stepping left, right, left
- 34-36 BOTH: Step right forward, step left beside right, step right in place

REPEAT





牆數:0