

Slow Boat To China

拍數: 32 牆數: 4 級數: Intermediate west coast swing
編舞者: Michele Perron (CAN)
音樂: Slow Boat To China - Renee Olstead



SIDE, ACROSS, &-BEHIND-UNWIND, TRIPLE BACK, TRIPLE BACK

- 1-2 Right step side right; left step across front of right
- &-3 Right toe/ball step side right; left toe/ball step crossed behind right
- 4 Unwind with $\frac{3}{4}$ turn left, weight ends on left (3:00)
- 5&6 Right triple back (locking) (right back, left together (lock in front), right back)
- 7&8 Left triple back (locking) (left back, right together (lock in front), left back)

BACK, RECOVER, TRIPLE/TURN, KICK-BALL-CROSS, KICK-BALL-CROSS

- 1-2 Right rock/step back; left recover/step forward
- 3&4 Execute $\frac{1}{4}$ turn right on right 'curving' triple forward (right forward, left together, right forward) (6:00)
- 5&6 Left kick forward, left step behind right heel, right step across front of left with $\frac{1}{4}$ turn right (9:00)
- 7&8 Left kick forward, left step behind right heel, right step across front of left

SIDE, RECOVER, BEHIND-SIDE-RECOVER (SLOW SAILOR), BEHIND, TURN, FORWARD (SLOW SAILOR) WITH TURN

- 1-2 Left rock/step side left; right recover/step side right
- 3-4 Left step crossed behind right; right rock/step side right
- 5-6 Left recover/step side left; right step crossed behind left
- 7-8 Execute $\frac{1}{4}$ turn left with left step forward; right step forward & slightly side (6:00)

KICK, FORWARD, TAP, BACK, KICK, BACK, TAP, FORWARD, FORWARD, TURN, ROCK/STEP

- 1& Left kick forward; left step forward
- 2& Right toe/tap behind left; right step back
- 3& Left kick forward; left step back
- 4 Right touch/tap in front of left
- 5 Right step forward
- 6 Left step forward
- 7 Execute $\frac{1}{4}$ turn right with right step side (9:00)
- 8 Left rock/step side left and bend right knee in (towards left) (feet are apart)

REPEAT
