

Slo Spoonin' Cha (P)

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Improver partner dance
編舞者: Roberta Doeden
音樂: What I Do the Best - John Michael Montgomery



Position: Right Dancing Skaters Music:

DOUBLE CROSSOVER ROCK STEPS, CHA-CHA-CHAS

1-2 Cross left over right and step, rock back onto right
3-4 Repeat beats 1-2
5&6 Cha-cha-cha to the left (left-right-left)
7-8 Cross right over left and step, rock back onto left
9-10 Repeat beats 7-8
11&12 Cha-cha-cha to the right (right-left-right)

MILITARY PIVOTS, CHA-CHA-CHAS

Release right hands and raise left hands

13-14 Step forward on left, pivot ½ turn right
15&16 Cha-cha-cha in place (left-right-left)
17-18 Step forward on right, pivot ½ turn left
19&20 Cha-cha-cha in place (right-left-right)

Rejoin right hands returning to Right Dancing Skaters position

DIAGONAL STEP SLIDES, CHA-CHA-CHAS

21-22 Step diagonally forward to the left on left, slide right up next to left and step
23-24 Repeat beats 21-22
25&26 Cha-cha-cha in place (left-right-left)
27-28 Step diagonally forward to the right on right, slide left up next to right and step
29-30 Repeat beats 27-28
31&32 Cha-cha-cha in place (right-left-right)

BACK WALK, CHA-CHA-CHA, FORWARD WALK, CHA-CHA-CHA

33-36 Walk back on left, right, left, right
37&38 Cha-cha-cha in place (left-right-left)
39-42 Walk forward on right, left, right, left
43&44 Cha-cha-cha in place (right-left-right)

JAZZ SQUARE, TURNING JAZZ SQUARE

45-46 Step left over right rock onto left, step back onto right
47-48 Step to the left on left, step right next to left
49-50 Step left over right rock onto left, step back onto right
51-52 Step to the left on left making a ¼ turn right, step right next to left

Partners remain in Right Dancing Skaters position and turn in tandem on beat 51 above

ROCK STEPS WITH KNEE BENDS

53 Turn body diagonally to the left and step forward onto left while bending knees
54 Rock back onto right while bending knees
55 Rock forward onto left while straightening knees
56 Rock back onto right while straightening knees
57&58 Cha-cha-cha in place (left-right-left)
59 Turn body diagonally to the right and step forward onto right while bending knees
60 Rock back onto left while bending knees

61-62 Rock forward onto right while straightening knees, rock back onto left while straightening knees

63&64 Cha-cha-cha in place (right-left-right)

REPEAT
