

Slo Cadillac

拍數: 52 牆數: 0 級數:
編舞者: Chris Hookie (USA) - October 1984
音樂: Pink Cadillac - Bruce Springsteen



Slo Cadillac takes up a lot of space in order to comfortably perform the dance. Be sure you have a lot of room and no one in the way. This is a rather long dance also (52 beats), and it is not easy to catch on to for some beginning dancers. The secret is to take the dance apart and practice.

- 1-4 Two heel swivels to the left (left, center, left, center)
- 5-8 Two heel swivels to the right
- 9-12 Left Foot Touch: Side, cross in front of Right foot, side, together
- 13-16 Right Foot Touch: Side, cross in front of Left foot, side, cross behind Left
- 17-20 Right foot step to the side; Left foot cross behind Right foot and touch; Left foot step to the side; Right foot cross behind Left foot and touch
- 21-24 Right Grapevine, ¼ turn to the right - Right foot scooch forward (Left foot elevated)
- 25-28 (Left foot forward) Rock step (forward, back, forward). With weight still on Left foot, Hop* ½ turn left
- 29-32 (Right foot forward) Rock step, turn ¼ right (Left foot elevated & starts to cross in front of Right foot), (Hop*)
- 33-36 Left foot step across Right foot, (Hop*); Right foot step across Left foot, (Hop*)
- 37-40 (Weight on Right foot) ¼ turn to the right - Left foot forward; Rock step (Hop*)
- 41-43 Right foot step across Left foot (¼ turn to the left), Left foot step to the side, Right foot step behind Left foot (the body makes a ¾ turn to the right)
- 44-51 (Left foot forward) Four Shuffle steps forward (Left foot lead)
- 52 Left foot stomp together

***Hop: See Dance Style below**

REPEAT

VARIATION #1 (FOR STEP #12)

- 44-51 (Left foot forward) four, 3-step turns to the left (Left foot lead).