

Slide On (P)

拍數: 48 牆數: 0 級數: Partner
編舞者: Linda Chester (UK) & Colin Chester (UK)
音樂: Shine On - Jeff Carson



Position: Side by Side position. Facing LOD. Both using same footwork and keeping hold of both hands throughout

STEP SLIDES FORWARD X3, TOUCH LEFT, TOUCH TOGETHER

1-2 Step forward on right, slide left beside right
3-4 Step forward on right, slide left beside right
5-6 Step forward on right, slide left beside right
7-8 Touch left to left side, touch left beside right

TOUCH BACK, BRUSH FORWARD, HEEL HOOK, LEFT AND RIGHT SHUFFLES FORWARD

9-10 Touch left straight back, brush left forward
11-12 Touch left heel forward, hook left up in front of right shin
13&14 Left shuffle forward: left, right, left
15&16 Right shuffle forward: right, left, right

ROCK STEPS, HOLD, ROCK STEPS, HOLD

17-18 Step/rock forward on left, rock back onto right
19-20 Step back on left, hold one beat
21-22 Step/rock back on right, rock forward onto left
23-24 Step forward on right, hold one beat

TOUCH, CROSS, UNWIND WITH HEEL BOUNCES, LEFT SHUFFLE FORWARD, STEP BRUSH

25-26 Touch left to left side, cross left over right
27-28 Unwind ½ turn right (on balls of both feet) bouncing both heels down twice

Weight is on right. Partners facing RLOD, lady on man's left

29&30 Left shuffle forward: left, right, left
31-32 Step forward on right - brush left forward

LEFT SHUFFLE FORWARD, STEP PIVOT X3 MAKING A ½ TURN LEFT IN TOTAL

33&34 Left shuffle forward: left, right, left
35-36 Step forward on right, pivot a 60 degree turn to the left
37-38 Step forward on right, pivot a 60 degree turn to the left
39-40 Step forward on right, pivot a 60 degree turn to the left

You have made a gradual ½ turn to the left over steps 35-40. Swing the right hip out as you turn for styling. Now facing LOD

STEP SLIDE, RIGHT SHUFFLE FORWARD, STEP SLIDE, LEFT SHUFFLE FORWARD

41-42 Step forward on right, slide left beside right
43&44 Right shuffle forward: right, left, right
45-46 Step forward on left, slide right beside left
47&48 Left shuffle forward: left, right, left

REPEAT