

A Slice Of Spice

COPPERKNOB
STEPSHEETS

拍數: 48
編舞者: Heidi Leigep-Brown (AUS)
音樂: Wannabe - Spice Girls

牆數: 4

級數: Intermediate/Advanced



TRAVELING TO THE RIGHT

- &1 Jump right foot back & jump left heel forward at 45 degrees
- &2 Jump left to home & touch right toe next to left heel
- &3 Jump right foot back & jump left heel forward at 45 degrees
- &4 Jump left foot to home & touch right toe next to left heel
- 5-6 Tap right heel in front. Tap right heel in front.
- 7-8 Cross right foot over left foot and tap right toes twice

TRAVELING TO THE LEFT

- 1 Tap right heel forward at 45 degrees
 - &2 Jump right foot to home & touch left toe next to right heel
 - &3 Jump left foot back & jump right heel forward at 45 degrees
 - &4 Jump right foot to home & touch left toe next to right heel
 - 5-6 Tap left heel in front. Tap left heel in front.
 - 7-8 Cross left foot over right foot and tap left toes twice
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- 1&2 Turning $\frac{3}{4}$ turn to the right, cha-cha-cha starting with left foot (left-right-left)
 - 3&4 Step right back & step left back, step right forward
 - 5&6 Turning $\frac{1}{2}$ turn to the right, cha-cha-cha starting with left foot (left-right-left)
 - 7&8 Step back on ball of right foot & step left foot next to right, step back on ball of right foot
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- &1 Jump right foot back & jump left foot forward at 45 degrees
 - &2 Jump left to home & cross right over left foot
 - 3-4 Turn $\frac{1}{2}$ turn to the left on balls of feet. Clap.
 - 5-6 Cross right foot over left foot. Step left foot back.
 - 7&8 Step to the right on ball of right foot & step left foot next to right foot, step on ball of right foot next to left foot
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- 1 Point right toe to right side
 - &2 Jump right foot to home & point left toe to left side
 - &3 Jump left foot to home & jump right heel forward at 45 degrees
 - &4 Jump right foot to home & jump left heel forward at 45 degrees
 - &5 Jump left foot to home & kick right foot back
 - &6 Turn $\frac{1}{2}$ turn to the right on ball of left foot & kick right foot forward
 - &7 Jump right to home & point left toe to left side
 - &8 Jump left to home & clap
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- 1 Point right toe to right side
 - &2 Jump right foot to home & point left toe to left side
 - &3 Jump left foot to home & jump right heel forward at 45 degrees
 - &4 Jump right foot to home & jump left heel forward at 45 degrees
 - &5 Jump left foot to home & kick right foot back
 - &6 Turn $\frac{1}{2}$ turn to the right on ball of left foot & kick right foot forward
 - &7 Jump right to home & point left toe to left side
 - &8 Jump left to home & clap

REPEAT
