

# Sleeping Light

**COPPER KNOB**  
STEPSHEETS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Anita Ludlow (UK)  
音樂: Sleepin' On the Foldout - Brad Paisley



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## FORWARD, SLIDE, JACK HEEL & HOLD, SYNCOPATED FORWARD ROCK TWICE

- 1-2&3-4      Step right forward, slide left up to meet right, step back on right, dig left heel forward & hold for one count
- &5-6&7-8&      Step left in place, rock right forward across left, recover weight on left, step right in place, rock left forward across right, recover weight on right. Step left in place.

## SIDE, BEHIND, CHASSE, 2 PADDLES ¼ TURNING

- 1-2-3&4      Step right to right side, cross left behind right, chasse right (step right to right side, step left next to right, step right to right side)
- 5-8      Right foot remains on the floor as the left pushes the body around to the right with 2 x paddle turns (1/8 turn twice)

## FORWARD, SLIDE, JACK HEEL & HOLD, SYNCOPATED FORWARD ROCK TWICE

- 1-16      Repeat above 16 counts but reversing everything

## CROSS SIDE SHUFFLE, CHASSE, ¼ TURN & SHUFFLE BACK, COASTER STEP

- 1&2-3&4      Step right over left, step left to left side, step right over left. Step left to left side, step right next to left, step left to left side
- 5&6-7&8      Quarter turn & right shuffle back (right/left/right), coaster step (step left back, step right next to left, step left forward)

## STEP FORWARD & HOLD STEP, STEP, BRUSH TWICE

- 1-2&3-4      Step right forward, hold for one count, step left just behind right, step right forward, brush left next to right
- 5-6&7-8      Repeat but reversing

## STEP BRUSH, STEP BRUSH, CHASSE, ROCK BACK

- 1-4      Step right to right side, brush left forward, step left in place, brush right forward
- 5&6-8      Chasse right (step right to right side, step left next to right, step right to right side) rock left leg back, recover weight onto right

## STEP BRUSH, STEP BRUSH, CHASSE, ROCK BACK

- 1-8      Repeat as above 8 counts but reversing everything

**REPEAT**

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