

# Sleep Over

拍數: 64      牆數: 4      級數: Improver  
編舞者: Gaye Teather (UK)  
音樂: Spend the Night - Brushwood



## **SIDE RIGHT, POINT, POINT, HITCH, WEAVE LEFT**

1-2      Step right to right side, point left toe across right foot  
3-4      Point left toe to left side, hitch left across right  
5-8      Step left to left, cross right behind left, step left to left, cross right over left

## **SIDE LEFT, POINT, POINT, HITCH, WEAVE RIGHT**

1-2      Step left to left side, point right toe across left foot  
3-4      Point right toe to right side, hitch right across left  
5-8      Step right to right, cross left behind right, step right to right, cross left over right

## **SIDE RIGHT, TOUCH, ¼ TURN LEFT, TOUCH X 3**

1-2      Step right to right, touch left beside right  
3-4      ¼ turn left stepping left to left side, touch right beside left  
5-6      ¼ turn left stepping right to right side, touch left beside right  
7-8      ¼ turn left stepping left to left side, touch right beside left (facing 3:00)

## **CHASSE RIGHT, BACK ROCK, CHASSE LEFT, ¼ TURN RIGHT, BACK ROCK**

1&2      Step right to right, step left beside right, step right to right  
3-4      Rock back on left, recover onto right  
5&6      Step left to left, step right beside left, ¼ turn right stepping back on left (facing 6:00)  
7-8      Rock back on right, recover onto left

## **STEP, LOCK, SHUFFLE FORWARD, FORWARD ROCK, COASTER CROSS**

1-2      Step forward on right, lock left behind right  
3&4      Step forward on right, step left beside right, step forward on right  
5-6      Rock forward on left, recover onto right  
7&8      Step back on left, step right beside left, cross left over right

## **½ MONTEREY TURN, HEEL SWITCHES X 3, HOOK**

1-2      Point right to right side, on ball of left pivot ½ turn right stepping right beside left (facing 12:00)  
3-4      Point left to left, step left beside right  
5&6      Touch right heel forward, step right beside left, touch left heel forward  
&7      Step left beside right, touch right heel forward  
8      Hook right foot in front of left knee

## **SHUFFLE FORWARD, FORWARD ROCK, SHUFFLE BACK, BACK ROCK**

1&2      Step forward on right, step left beside right, step forward on right  
3-4      Rock forward on left, recover onto right  
5&6      Step back on left, step right beside left, step back on left  
7-8      Rock back on right, recover onto left

## **STEP, PIVOT ½ TURN LEFT, KICK BALL CHANGE, STEP, PIVOT ¼ TURN LEFT, KICK BALL CROSS**

1-2      Step forward on right, pivot ½ turn left (facing 6:00)  
3&4      Kick right forward, step right beside left, step left in place  
5-6      Step forward on right, pivot ¼ turn left (facing 3:00)

7&8

Kick right forward, step right beside left, cross left over right

**REPEAT**

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