

# Sleep On It

**COPPER KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Michael O'Shea (IRE)  
音樂: Maybe We Should Sleep On It Tonight - Tim McGraw



## KICK, CROSS, POINT, ROCK STEP, STEP TOUCH, SHUFFLE BACK

1-2      Kick right foot diagonally forward, cross right over left  
3&4      Point left to left side, rock back left, replace weight to right  
5-6      Step forward left, touch right beside left  
7&8      Shuffle back right left right

## ROCKING CHAIR ¼ TURN, CROSS SHUFFLE, HEEL & CROSS &

1-2      Rock back left, replace weight to right  
3-4      Rock forward left, turning ¼ turn right replace weight to right foot  
5&6      Cross shuffle left right left  
7&8&      Touch right heel to right side, step onto right, cross left over right, step onto right foot

## HEEL, STEP ¼, KICK BALL POINT, CROSS POINT, CROSS SHUFFLE

1-2      Touch left heel forward, step left ¼ turn to left side  
3&4      Kick right foot forward, step onto right, point left to left side  
5-6      Cross left over right point right to right side  
7&8      Cross shuffle right left right

## SIDE STEP, HOLD & SIDE TOUCH, STEP ¼ KICK & TOUCH, OUT, OUT

1-2      Step left to left side, hold  
**Options: instead of the hold, try a hip roll or an apple jack**  
&3-4      Close right to left, step left to left side, touch right to left  
5      Step right foot ¼ turn right  
6&7      Kick left foot forward, step onto left, touch right toe behind left heel  
&8      Step back right, step back right

## REPEAT

Many Thanks to Pat Noonan for all the excellent music he gave me.