

# Slave To The Habit

COPPERKNOB  
STEPSHEETS

拍數: 48      牆數: 2      級數: Improver  
編舞者: Jan Pratt (USA)  
音樂: Slave to the Habit - Shane Minor



## FORWARD STRUTS, STOMPS, HEEL FANS

1-2      Cross-step right over left; touch left toe to left side  
3-4      Cross-step left over right; touch right toe to right side  
5-6      Stomp right foot forward with heel angled in; stomp left foot forward with heel angled in  
7&8      Swivel heels out-in-out

## MORE FORWARD STRUTS, STOMPS, HEEL FANS

9-10      Cross-step right over left; touch left toe to left side  
11-12      Cross-step left over right; touch right toe to right side  
13-14      Stomp right foot forward with heel angled in; stomp left foot forward with heel angled in  
15&16      Swivel heels out-in-out

## SIDE SHUFFLE, ROCK STEP, LONG STEP WITH DRAG, SWIVELS

17&18      Step right to right side; step left together; step right to right side  
19-20      Step left foot back; rock forward onto right foot  
21-22      Step left foot a long step to left side; drag right to meet left  
23&24      With weight on balls of both feet, swivel heels left, right, left

## MONTEREY TURN WITH SYNCOPATED TOUCHES, HITCH, PIVOT TURNS

25-26      Touch right foot to right side; spin  $\frac{1}{2}$  turn right switching weight to right  
27&28      Touch left foot to left side twice; hitch left knee  
29-30      Step left foot forward; pivot  $\frac{1}{2}$  turn right onto right foot  
31-32      Step left foot forward; pivot  $\frac{1}{2}$  turn right onto right foot

## LEFT VINE WITH TURNS, RIGHT VINE WITH TURNS LEFT VINE

33-34      Step left foot to left side; cross-step right behind left  
35      Turning  $\frac{1}{4}$  left, step left foot to left side  
36-37      Step right forward; pivot  $\frac{1}{2}$  turn left onto left foot  
38-39      Pivoting  $\frac{1}{4}$  left, step right forward; cross-step left behind right  
40      Turning  $\frac{1}{4}$  right, step right foot to right side

## LEFT VINE, STOMPS, HEEL FANS

41-42      Step left foot forward; pivot  $\frac{1}{2}$  turn right onto right foot  
43-44      Step left foot forward; pivot  $\frac{1}{4}$  turn right onto right foot  
45-46      Stomp left foot in front of right with heel angled in; stomp right foot in front with heel angled in  
47&48      Swivel heels out, in, out

## REPEAT

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