

Slave To The Habit

COPPER KNOB
STEPPEDETS

拍數: 32 牆數: 2 級數:
編舞者: Kathy Brown (USA)
音樂: Slave to the Habit - Shane Minor



SHUFFLE ROCK RECOVER COASTER KICK BALL CHANGE

1&2-3-4 Shuffle forward right-left-right, rock forward on left recover right
5&6-7&8 Left coaster step, kick ball change

RIGHT SAILOR, LEFT SAILOR WITH ¼ TURN, ½ TURN PIVOT, SHUFFLE

1&2-3&4 Right sailor shuffle, left sailor shuffle with ¼ turn left
5-6-7-8 Step forward right, pivot ½ turn left, shuffle right-left-right

ROCK/RECOVER, STEP ¼ TURN LEFT, TURNING VINE, TRIPLE

1-2-3-4 Rock forward left, recover right, step left to side turning ¼ left, touch right together
5-6-7&8 Turning vine right, triple right-left-right

Variation: vine right, triple right-left-right

TURNING VINE LEFT, TRIPLE, MONTEREY TURN

1-2-3&4 Turning vine left, triple left-right-left

Variation: vine left, triple left-right-left

5-6-7-8 Monterey turn (point right, turn ½ on left, step right. Point right to side and together)

REPEAT
