

Slave To The Habit

COPPERKNOB
STEPSHEETS

拍數: 326 牆數: 4 級數: Intermediate/Advanced
編舞者: Diana Randall (USA)
音樂: Slave to the Habit - Shane Minor



SIDE ROCK, CROSS, HOLD & CLAP; SIDE ROCK, CROSS, HOLD & CLAP

1-4 Left to side; recover weight on right foot; cross left in front of right; hold & clap
5-8 Right to side; recover weight on left foot; cross right in front of left; hold & clap

COASTER STEP, SCUFF; 2 PIVOT TURNS TO LEFT

9-12 Back on left; back on right next to left; forward on left; right scuff forward (low)
13-16 Forward on right, pivot ½ turn left, transferring weight to left; repeat

SIDE ROCK, CROSS, HOLD & CLAP; SIDE ROCK, CROSS, HOLD & CLAP

17-20 Side on right; recover weight on left foot; cross right in front of left; hold & clap
21-24 Side on left; recover weight on right foot; cross left in front of right; hold & clap

SIDE, TOGETHER

25-26 Side on right; step left next to right

RIGHT GRAPEVINE, ELVIS KNEE POPS

27-30 Side right, behind on left; side right; touch left next to right
31-34 Shift weight to left, pushing right knee towards left; shift weight to right, pushing left knee towards right; repeat

LEFT GRAPEVINE, ELVIS KNEE POPS

35-38 Side left; behind on right; side left, touch right next to left
39-42 Shift weight to right, pushing left knee towards right; shift weight to left, pushing right knee towards left; repeat

SHUFFLE FORWARD, PIVOT, TURNING TRIPLE, ROCK STEP

43&44 Shuffle forward right, left, right
45-46 Forward on left, turning ½ turn to right, transfer weight to right
47&48 Continue to turn to right stepping left, right, left completing ½ turn (facing original wall)
49-50 Back on right; recover on left

RIGHT GRAPEVINE WITH QUARTER TURN, ELVIS KNEE POPS

51-54 Side right, behind on left; side right turning ¼ turn to right, touch left next to right
55-58 Shift weight to left, pushing right knee towards left; shift weight to right, pushing left knee towards right; repeat

59-82 Repeat counts 1-24

SERPENTINE WITH QUARTER TURN

83-86 Side right, behind on left; side right; left across right
87-90 Side right, behind on left; turn ¼ to right & step forward right; stomp left next to right

91-98 Repeat counts 43-50

SIDE, TOGETHER; CHARLESTON

99-100 Side right; step left next to right
101-104 Forward on right; kick left forward & clap; back on left; touch right back & clap

105-136 Repeat counts 27-58

137-160 Repeat counts 1-24

VINE WITH QUARTER TURN; CLAPS

161-166 Side right, behind on left; side right turning $\frac{1}{4}$ turn to right, step left next to right; 2 claps

3 SIDE SHUFFLES WITH $\frac{1}{2}$ TURNS; KICK BALL CHANGE

167-170 Shuffle side right (right-left-right-1&2) and pivot $\frac{1}{2}$ turn right on the ball of right foot; shuffle side left (left-right-left-3&4)

171-174 Pivot $\frac{1}{2}$ turn left on the ball of left foot and shuffle side right (right-left-right-5&6); kick left forward, step back on left, step slightly forward on right (7&8)

2 PIVOT TURNS; CHARLESTON

175-178 Forward on left; pivot $\frac{1}{2}$ turn right, transferring weight to right; repeat

179-182 Forward on left; kick right forward & clap; back on right; touch left back & clap

3 SIDE SHUFFLES WITH $\frac{1}{2}$ TURNS; KICK BALL CHANGE

183-186 Shuffle side left (left-right-left) and pivot $\frac{1}{2}$ turn left on the ball of left foot; shuffle side right (right-left-right)

187-190 Pivot $\frac{1}{2}$ turn right on the ball of right foot and shuffle side left (left-right-left); kick right forward, step back on right, step slightly forward on left (7&8)

PIVOT TURNS; CHARLESTON

191-194 Forward on right; pivot $\frac{1}{2}$ turn left, transferring weight to left; repeat

195-198 Forward on right; kick left forward & clap; back on left; touch right back & clap

199-230 Repeat counts 27-58

2 PIVOTS; 2 CLAPS

231-234 Forward on left; pivot $\frac{1}{2}$ turn right, transferring weight to right; repeat

235-236 2 claps

237-260 Repeat counts 1-24

VINE WITH QUARTER TURN; 2 CLAPS

261-266 Side right, behind on left; side right turning $\frac{1}{4}$ turn to right, step left next to right; 2 claps

267-290 Repeat counts 1-24

SERPENTINE WITH QUARTER TURN

291-294 Side right, behind on left; side right; left across right

295-298 Side right, behind on left; turn $\frac{1}{4}$ to right & step forward right; step left next to right

299-306 Repeat counts 43-50

SIDE, TOGETHER; 2 CLAPS; 2 CHARLESTON

307-310 Side right; step left next to right; 2 claps

311-318 Forward on right; kick left forward & clap; back on left; touch right back & clap; repeat

319-326 Repeat counts 27-34
