

拍數: 32 牆數: 4 級數: Intermediate

編舞者: Raymond Sarlemijn (NL)

音樂: I'm a Slave 4 U - Britney Spears



KNEE UP, KNEE UP, 1/4 TURN, SLIDE TO THE RIGHT, APPLE JACK TO THE RIGHT

Hitch up your right knee
Put right feet to the floor
Hitch up your right knee
Turn a quarter to the right

4 Slide to the right

5-8 Apple jack to the right while bounce your body up and down

KICK AND KICK, SCUFF, LOCK TURN FULL TO THE LEFT

9 Kick your right foot before

10 Kick your left foot

Scuff your right foot in frontLock left foot behind right foot

Turn on both foot a full turn to the left, while doing this bounce your hips

PUSHING HIPS/LEGS GO TO THE LEFT

17	Step out with your right foot and bounce with your hips
18	Step out with your left foot and bounce with your hips
19	Step out with your right foot and bounce with your hips
20	Step out with your right foot and bounce with your hips
21	Step out with your left foot and bounce with your hips

22-24 Put your right foot behind left foot, step out your left foot, extend position and put your right

foot in front of left feet

TOUCH AND TOUCH, HITCH KNEE, HITCH KNEE, BODY ROLL, 1/4 TO THE RIGHT

25	rouch right leg beside of your to the right
26	Cross your right foot in front of left foot
27	Touch right leg beside of your to the right
28	Lift your right foot up and give a bounce in it

29 Put your right foot down on the ground, hitch your left food up and give it a bounce

30 Put your left foot on the ground 31-32 Body roll with a ¼ turn to the right

REPEAT