Slap Your Grandma

級數: Improver

編舞者: Kevin Winn (USA)

拍數: 32

音樂: Honky Tonk Badonkadonk - Trace Adkins

INTRO STEPS

Done once after Trace says "Here she comes, here she comes" 32 counts after the beginning of the song BUMP HARD LEFT, BUMP SOFT RIGHT, BUMP HARD LEFT, BUMP SOFT RIGHT, STEP IN PLACE LEFT, STEP FORWARD RIGHT, PIVOT ½ LEFT, TURN ½ LEFT

- 1-2-3-4 At a forward angle bump left hip hard to the left at the same time bringing left hip slightly up, at a back angle bump right hip softly to the right and slightly down, repeat hard and soft hip bumps
- 5-6-7-8 Step in place with left, step right forward, pivot 1/2 left and step on left, turn 1/2 left landing back on right

MAN'S WEST COAST SWING ENDING WITH A STOMP, STOMP

- 1-2-3&4 Walk back left, right, coaster step left, right, left
- 5&6-7-8 Anchor step right, left, right, stomp home left, stomp home right

THE MAIN DANCE

WALK, WALK, ¼ TURN, ½ TURN, ROCK, ROCK, ROCK, ¼ TURN W/ KICK

- Walk forward left, right, step forward left while making ¼ turn right, turn ½ right while hooking 1-2-3-4 right over left
- 5-6-7-8 Rock side right, left, right, turn 1/4 right while kicking left forward

SHUFFLE BACK WITH ½ TURN LEFT, SHUFFLE BACK WITH ½ TURN LEFT, ROCK BACK, RECOVER, STEP LEFT, PIVOT ½ RIGHT

- 1&2-3&4 Shuffle back with ½ turn left, left, right, left, shuffle back with ½ turn left, right, left, right
- 5-6-7-8 Rock left back, recover to right, step left forward, pivot ¹/₂ right with weight ending on right

1/4 TURN RIGHT, HOLD, 1/4 TURN RIGHT, HOLD, JAZZ BOX WITH 1/4 TURN LEFT

- 1-2-3-4 Step side left while making ¼ turn right, hold, step right while making ¼ turn right, hold
- 5-6-7-8 Turning jazz box 1/4 turn left, left, right, left, right

WALK FORWARD AT AN ANGLE WITH ½ TURN RIGHT, WALK FORWARD WITH 3/8 TURN LEFT

- 1-2-3-4 Step forward left while making 1/8 turn left, walk forward right, left, pivot 1/2 right while making a right forward heel dig
- 5-6-7-8 Walk forward right, left, right, pivot 3/8 left, touch left home

REPEAT





牆數: 4