

Slap Happy!

拍數: 0 牆數: 4 級數:
編舞者: Dottie Wicks (USA)
音樂: Somebody Slap Me - John Anderson



Sequence: AB, AB, ABB, A

SECTION A

MEXICAN HAT DANCE STEPS/ ½ TURN, KICK-BALL CHANGE

- &1&2 Step weight onto left foot and place right heel at 1:00-switch weight onto right and place left heel at 11:00
- &3&4 Repeat
- &5 Step weight onto left foot and place right toe behind left heel
- 6 Pivot ½ turn to the right landing on left foot
- 7&8 Right kick-ball change

BRUSH STEPS/KICK-BALL CROSSES

- 9-12 Brush right leg forward/cross over left shin/brush forward & touch right toe next left heel
- 13&14 Right kick-ball cross traveling to right
- 15&16 Repeat
- 17-32 Repeat counts 1-16

OUT-DIG/CROSS/UNWIND/HOLD & CLAP

- &33 Step right to right side-dig left heel to 11:00 position
- &34 Cross right over left
- 35-36 Unwind ½ turn left & hold position and clap on count 36
- 37-40 Repeat counts 33-36

TOE/HEEL FORWARD WALKS

- 41-48 Walking forward step toe/heel combinations right, left, right, left

SECTION B

HAND BRUSH/CLAPS / ¼ TURNS

- 1-2 Brush open hands front to back across hips/then repeat back to front
- 3-4 Bend knees and lean slightly right (for style) hold hands over right shoulder for count 3 and clap on count 4
- 5-6 Bend knees and lean slightly left (for style) hold hands over left shoulder for count 3 and clap on count 4
- 7-8 Step forward on right foot, military turn ¼ turn left
- 9-16 Repeat counts 1-8
- 17-24 Repeat counts 1-8

HAND BRUSH/DOUBLE CLAPS/LUNGES

- 25-26 Brush open hands front to back across hips/then repeat back to front
- 27-28 Clap hands twice
- 29-30 Lunge forward with right foot to 1:00 position-return right foot next to left
- 31-32 Lunge forward with left foot to 11:00 position-return left foot next to right

Dance the full 80 counts three times-at the end of the three complete sequences repeat Section "B"-the hand brushing series-Begin complete dance again for the remainder of your music.

"Somebody Slap Me" will only have you repeat the first 48 steps once more...your practice music or other songs you choose to use will vary in song length and thus will vary in the number of sequences you dance. Don't let the number of steps intimidate you...the last 32 are just fun movements, with little memory challenge.

