

Sky Spirit

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Peter Millichamp (UK)
音樂: Spirit in the Sky - Doctor and the Medics



WALK FORWARD RIGHT, LEFT, RIGHT SHUFFLE, ROCK FORWARD LEFT, RECOVER, SHUFFLE ½ TURN

1-2 Walk forward right, left
3&4 Step forward right, step left next to right, step forward right
5-6 Rock forward left, recover
7&8 Turn ½ turn left as you step left right left

¼ SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS, 2 X ¼ TURN RIGHT, CROSS SHUFFLE

9-10 Turn ¼ turn left & rock right to right, recover
11&12 Cross right behind left, step left to left, cross right over left
13-14 Step back on left as your turn ¼ right, turn another ¼ turn right as you step right to side
15&16 Cross left over right, step right to right, cross left over right

2 X ¼ TURN LEFT, ROCK RIGHT OVER LEFT, RECOVER, STEP RIGHT TO RIGHT, HOLD, LEFT JAZZ BOX

17-18 Step back on right as your turn ¼ left, turn another ¼ turn left as you step left to side
19-20 Cross rock right over left, recover
21-22 Step right to the right, hold
23-26 Cross left over right, step back right, step left to left, step forward right

LEFT SHUFFLE FORWARD, RIGHT ROCK FORWARD, RECOVER, RIGHT LOCK RIGHT BACK, TURN

27&28 Step forward left, step right next to left, step forward left
29-30 Rock forward right, recover weight on left
31&32 Step back right, lock left across right, step back right
& Pivot ½ turn left on ball of right foot

WALK FORWARD LEFT, RIGHT, LEFT SHUFFLE, ROCK FORWARD RIGHT, RECOVER, SHUFFLE ½ TURN

33-34 Walk forward left, right
35&36 Step forward left, step right next to left, step forward left
37-38 Rock forward right, recover
39&40 Turn ½ turn right as you step right left right

¼ SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS, 2 X ¼ TURN LEFT, CROSS SHUFFLE

41-42 Turn ¼ turn right & rock left to left, recover
43&44 Cross left behind right, step right to right, cross left over right
45-46 Step back on right as your turn ¼ left, turn another ¼ turn left as you step left to side
47&48 Cross right over left, step left to left, cross right over left

2 X ¼ TURN RIGHT, ROCK LEFT OVER RIGHT, RECOVER, STEP LEFT TO LEFT, HOLD, RIGHT JAZZ BOX

49-50 Step back on left as your turn ¼ right, turn another ¼ turn right as you step right to side
51-52 Cross rock left over right, recover
53-54 Step left to the left, hold
55-58 Cross right over left, step back left, step right to right, step forward left

RIGHT SHUFFLE FORWARD, LEFT ROCK FORWARD, RECOVER, LEFT COASTER

59&60 Step forward right, step left next to right, step forward right
61-62 Rock forward left, recover weight on right
63&64 Step back left, step right beside left, step forward left

REPEAT
