Sky Spirit

COPPER KNOB

拍數: 64

級數: Intermediate

編舞者: Peter Millichamp (UK)

音樂: Spirit in the Sky - Doctor and the Medics

牆數:2

WALK FORWARD RIGHT, LEFT, RIGHT SHUFFLE, ROCK FORWARD LEFT, RECOVER, SHUFFLE ½

- TURN
- 1-2 Walk forward right, left
- 3&4 Step forward right, step left next to right, step forward right
- 5-6 Rock forward left, recover
- 7&8 Turn ½ turn left as you step left right left

1/4 SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS, 2 X 1/4 TURN RIGHT, CROSS SHUFFLE

- 9-10 Turn ¼ turn left & rock right to right, recover
- 11&12 Cross right behind left, step left to left, cross right over left
- 13-14 Step back on left as your turn ¼ right, turn another ¼ turn right as you step right to side
- 15&16 Cross left over right, step right to right, cross left over right

2 X ¼ TURN LEFT, ROCK RIGHT OVER LEFT, RECOVER, STEP RIGHT TO RIGHT, HOLD, LEFT JAZZ BOX

- 17-18 Step back on right as your turn 1/4 left, turn another 1/4 turn left as you step left to side
- 19-20 Cross rock right over left, recover
- 21-22 Step right to the right, hold
- 23-26 Cross left over right, step back right, step left to left, step forward right

LEFT SHUFFLE FORWARD, RIGHT ROCK FORWARD, RECOVER, RIGHT LOCK RIGHT BACK, TURN

- 27&28 Step forward left, step right next to left, step forward left
- 29-30 Rock forward right, recover weight on left
- 31&32 Step back right, lock left across right, step back right
- & Pivot ½ turn left on ball of right foot

WALK FORWARD LEFT, RIGHT, LEFT SHUFFLE, ROCK FORWARD RIGHT, RECOVER, SHUFFLE ${\rm 1}\!\!/_2$

- TURN
- 33-34 Walk forward left, right
- 35&36 Step forward left, step right next to left, step forward left
- 37-38 Rock forward right, recover
- 39&40 Turn ¹/₂ turn right as you step right left right

1/4 SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS, 2 X 1/4 TURN LEFT, CROSS SHUFFLE

- 41-42 Turn ¼ turn right & rock left to left, recover
- 43&44 Cross left behind right, step right to right, cross left over right
- 45-46 Step back on right as your turn 1/4 left, turn another 1/4 turn left as you step left to side
- 47&48 Cross right over left, step left to left, cross right over left

2 X ¼ TURN RIGHT, ROCK LEFT OVER RIGHT, RECOVER, STEP LEFT TO LEFT, HOLD, RIGHT JAZZ BOX

- 49-50 Step back on left as your turn ¼ right, turn another ¼ turn right as you step right to side
- 51-52 Cross rock left over right, recover
- 53-54 Step left to the left, hold
- 55-58 Cross right over left, step back left, step right to right, step forward left

RIGHT SHUFFLE FORWARD, LEFT ROCK FORWARD, RECOVER, LEFT COASTER



59&60	Step forward right, step left next to right, step forward right
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- 61-62 Rock forward left, recover weight on right
- 63&64 Step back left, step right beside left, step forward left

REPEAT