

Sky High

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Kate Sala (UK)
音樂: Fly Away - Lutricia McNeal



RIGHT SIDE ROCK, SAILOR STEP WITH TURN ¼ RIGHT, STEP, PIVOT TURN ¾ RIGHT, LEFT CHASSE

1-2 Rock right to side, recover onto left
3&4 Cross right behind left, turn ¼ right and small step left to side, step right forward
5-6 Step left forward, turn ¾ right (weight to right, 12:00)
7&8 Step left to side, step right together, step left to side

ROCK BACK, FORWARD STEP, TOUCH BEHIND, BACK LOCK STEP, TOUCH BACK, REVERSE ½ PIVOT RIGHT

1-2 Rock right back, recover to left
3-4 Step right forward, touch left toe behind right
5&6 Step left back, lock right over left, step left back
7-8 Touch right toe back, turn ½ right (weight to right)

STEP, PIVOT TURN ½ RIGHT, SCUFF HITCH STOMP, STEP FORWARD, TOUCH & HEEL & TOUCH

1-2 Step left forward, turn ½ right (weight to right, 12:00)
3&4 Scuff left forward, hitch left knee, stomp left forward
5 Step right forward
6&7 Touch left toe behind right, small step left back, touch right heel forward
&8 Step right together, touch left toe together

LEFT SIDE ROCK, SAILOR STEP WITH TURN ¼ LEFT, STEP, PIVOT TURN ¾ LEFT, RIGHT CHASSE

1-2 Rock left to side, recover onto right
3&4 Cross left behind right, turn ¼ left and small step right to side, step left forward
5-6 Step right forward, turn ¾ left (weight to left, 12:00)
7&8 Step right to side, step left together, step right to side

CROSS BEHIND, SIDE TOUCH, CROSS BEHIND, SIDE TOUCH, CROSS IN FRONT, UNWIND TURN ½ RIGHT, JUMP FEET APART, POP KNEE IN, TURN KNEE OUT, HOLD

1-2 Cross left behind right, touch right toe to side
3-4 Cross right behind left, touch left toe to side
5-6 Cross left over right, unwind ½ right (weight to left, 6:00)
&7 Step right to side, step left to side
8-1 Swivel right knee to left, swivel right knee to center and step right in place

Editor's note: The knee in-out moves are meant to match two big beats in the music on some (but not all) repetitions. The big beats are on the '&' counts of &8&1, while the choreography has the knees moving on the whole counts (8 and 1) of &8&1. Feel free to adjust your dancing to match the big beats

2 Hold

SAILOR STEP TURN ¼ LEFT, RIGHT SHUFFLE, FULL TURN RIGHT

3&4 Cross left behind right, turn ¼ left and small step right to side, step left forward
5&6 Step right forward, step left together, step right forward (3:00)
7-8 Turn ½ right and step left back, turn ½ right and step right forward

FORWARD ROCK, STEP BACK, CROSS, STEP BACK, SIDE STEP, CROSS, UNWIND TURN ½ RIGHT

1-2 Rock left forward, recover to right
3-4 Step left diagonally back, cross right over left
5-6 Step left diagonally back, step right to side

7-8 Cross left over right, unwind $\frac{1}{2}$ right (weight to left)

ROCK BACK, SHUFFLE TURN $\frac{1}{2}$ LEFT, ROCK BACK, STEP FORWARD, SCUFF

1-2 Rock right back, recover to left

3&4 Turn $\frac{1}{4}$ left and step right to side, step left together, turn $\frac{1}{4}$ left and step right back

5-6 Rock left back, recover to right

7-8 Step left forward, scuff right forward

REPEAT

TAG

At the end of wall 5, facing 3:00

1-2-3-4 Rock right forward, recover to left, rock right forward, recover to left
