

Sky Cruise Waltz Mixer (P)

COPPER KNOB
STEPSHEETS

拍數: 30 牆數: 0 級數: Partner
編舞者: Sue Wagner (USA)
音樂: Unknown



Position: The Dance begins with a Circle, Men facing LOD in single file. Couples are in the Closed Waltz Position. Basic Step is a waltz rhythm 1,2,3, 4,5,6. Man left foot lead & Lady right foot lead (one Step for each Beat of music)

1-2-3 Progress forward in LOD
4-5-6 Scissor step

1-2-3 Give lady an inside loop turn (to the left) & position her to the inside of dance floor
4-5-6 Man does an inside loop turn (to the left)

Both end up facing into circle with lady on his left side

1-2-3 Move the circle in making it smaller
4-5-6 Let go of partners hand. Everyone cross left hand on top, right hand on bottom & take the hand of the partner on either side of you

1-2-3 Raise hands up over your head & pivot to left so all dancers are facing outside. Don't let go of hands!!!
4-5-6 Move the circle out just slightly

1-6 Men take the lady on your left with your left hand. Give her two inside loop turns (to the left) out to the LOD. Man facing LOD

REPEAT