

Skipton Stroll

拍數: 72 牆數: 0 級數:
編舞者: Stephen, Irene & Christopher
音樂: I've Been Rained on Too - Charlie Landsborough



STEP LEFT LOCK RIGHT, LEFT SHUFFLE, STEP RIGHT ½ TURN TWICE, STEP RIGHT LOCK LEFT, RIGHT SHUFFLE, STEP LEFT ½ TURN TWICE

1-2 Step left, lock right behind
3&4 Left shuffle
5-8 Step forward right, pivot ½ turn left, step forward right, pivot ½ turn left
9-10 Step right, lock left behind
11&12 Right shuffle

WALK LEFT, RIGHT, SHUFFLE ½ TURN, ROCK STEP, ¼ TURN, CHASSE, ROCK STEP, SIDE TOGETHER ¼, STEP PIVOT TWICE

17-18 Walk left, right
19&20 Left shuffle turning ½ turn right (left, right, left)
21-22 Rock back on right, recover on left turning ¼ turn
23&24 Step right to right side, step left next to right, step right to right
25-26 Rock left behind right, recover on left
27&28 Step left to left side, step right next to left, step left to left making ¼ turn
29-32 Step forward right, pivot ½ turn left, step forward right, pivot ½ turn left

33-36 Hip bumps right, left, right, left

GRAPEVINE RIGHT WITH TOUCH, GRAPEVINE LEFT WITH TOUCH, RIGHT HEEL HOOK SHUFFLE, LEFT HEEL HOOK SHUFFLE

37-40 Step right to right, step left behind right, step side right, touch left next right
41-44 Step left to left, step right behind left, step left to left, touch right next to left
45-46 Touch right heel forward, hook right in front of left shin
47&48 Right shuffle
49-50 Touch left heel forward, hook left in front of right shin
51&52 Left shuffle

WALK RIGHT, LEFT, RIGHT, KICK LEFT, BOX STEP WITH TOUCH, STEP TOGETHER

53-56 Walk right, left, right, kick left forward
57-60 Cross left over right, step back on right, step left next to right, touch right next to left
61-64 Walk right, left, right, kick left forward
65-68 Cross left over right, step back on right, step left next to right, step right next to left
69-72 Hip bumps left, right, left, right

REPEAT

When dancing to I'VE BEEN RAINED ON TOO, The Hip bumps are missed out once (in the middle of the instrumental section) the last time they are done is when he sings through them, no more bumps after that