

Skips A Beat

拍數: 0 牆數: 1 級數: Intermediate
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音樂: When My Baby - Scooch



Sequence: AA, BB, AA, BB, AA, BBB. On final repeat of PART B complete a full turn right during counts &21- &24. This will bring you to face front wall to dance the final section.

PART A

CHASSE RIGHT, HEEL GRIND, SYNCOPATED CROSS, UNWIND, CHASSE LEFT

1&2 Step right to right side, step left beside right, step right to right side
3-4 Grind left heel to floor, turning left toe from right to left diagonal

Weight ends on right

&5-6 Step left slightly back, cross right over left, unwind ½ turn left
7&8 Step left to left side, step right beside left, step left to left side

SIDE TOE TOUCHES WITH CLAPS, SAILOR STEP, STEP & HITCH

9& Touch right toe to right side, step right beside left
10& Touch left toe to left side, step left beside right
11&12 Touch right toe to right side, clap hands twice
13&14 Cross right behind left, step left to left side, step right to place
15-16 Step forward left, hitch right knee

TOUCH BACK, HITCH, COASTER STEP, STEP ½ PIVOT RIGHT, SHUFFLE STEP

17-18 Touch right toe back, hitch right knee
19&20 Step back right, step left beside right, step forward right
21-22 Step forward left, pivot ½ turn right
23&24 Step forward left, close right beside left, step forward left

FORWARD ROCK, SHUFFLE ½ TURN RIGHT, FORWARD ROCK, COASTER STEP

25-26 Rock forward on right, rock back onto left
27&28 Shuffle step ½ turn right, stepping - right, left, right
29-30 Rock forward on left, rock back onto right
31&32 Step back on left, step right beside left, step forward left

PART B

STEP FORWARD, TAP, SCOOT BACK, 'SCOOCH' FORWARD

1-2 Step forward right, tap left toe behind right heel
3-4 Scoot back on right, step left slightly back
&5&6 Scooch (jump) slightly forward - right, left, right, left
&7&8 Scooch (jump) slightly forward - right, left, right, left

GRAPEVINE RIGHT, ROLLING TURN LEFT

9-10 Step right to right side, cross left behind right
11-12 Step right to right side, touch left beside right
13 Step left ¼ turn left
14 On ball of left pivot ¼ turn left, stepping right to right side
15 On ball of right pivot ½ turn left, stepping left to left side
16 Touch right beside left

HEEL SWITCHES WITH HOLDS, HEEL SWITCHES FOR ½ TURN RIGHT

17-18 Touch right heel forward, hold

&19-20 Step right beside left, touch left heel forward, hold

During next 4 counts make ½ turn right while switching heels

&21 Step left beside right, touch right heel forward

&22 Step right beside left, touch left heel forward

&23 Step left beside right, touch right heel forward

&24 Step right beside left, touch left heel forward

You will now have completed a ½ turn right

DIAGONAL STEPS FORWARD & WALK BACK WITH OPTIONAL ARM MOVEMENTS

& Step left beside right

25-26 Step right long step forward to right diagonal, touch left beside right

Arms: touch right arm just above elbow with left hand, bend right elbow lift right hand clenching fist

27-28 Step left long step forward to left diagonal, touch right beside left

Arms: touch left arm just above elbow with right hand, bend left elbow lift left hand clenching fist

29-32 Walk back - right, left, right, left

Arms: with elbows bent raise arm in front of chest palms in, cross hands in snake like action, switch crosses, left over right, right over left
