

Skinny Girls

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Jan Wyllie (AUS)
音樂: Skinny Girls - Alan O'Day



This dance is for Ricky from Maryborough Qld. who suggested the music

WALK WALK COASTER, WALK WALK COASTER

1-2-3&4 Walk forward left, right step forward on left, step right beside left, step back on left
5-6-7&8 Walk back right, left step back on right, step left beside right, step forward on right

ROCK RETURN, CROSS SHUFFLE, ¼ ROCK RETURN, COASTER CROSS

9-10-11&12 Rock/step left to left, rock/return weight to right, cross/shuffle right left, right, left
13-14 Making ¼ right rock/step forward on right, rock back on left
15&16 Step back on right, step left beside right, step right across left

ROCK AND ACROSS, ROCK AND ACROSS, ¼ ROCK RETURN, ½ COASTER STEP

17&18 Rock/step left to left, rock/return weight to right, step left across right
19&20 Rock/step right to right, rock/return weight to left, step right across left
21-22 Making ¼ turn left rock/step forward on left, rock back on right
23&24 Making ½ turn left (over left shoulder) step forward on left, step right beside left, step back on left

COASTER STEP, ROCK RETURN, & STEP BACK TOUCH HEEL FORWARD X3, & STEP ACROSS

25&26 Step back on right, step left beside right, step forward on right
27-28 Rock/step forward on left, rock back on right
&29 Step back on left, touch right heel forward
&30 Step back on right, touch left heel forward
&31 Step back on left, touch right heel forward
&32 Step back on right, step left across right

ROCK RETURN, BEHIND SIDE FORWARD, STEP PIVOT ½, STEP PIVOT ½

33-34 Rock/step right to right, rock/return weight to left
35&36 Step right behind left, step left beside right, step forward on right
37-38 Step forward on left, pivot ½ right transferring weight to right
39-40 Step forward on left, pivot ½ right transferring weight to right

LEFT HEEL JACK, & RIGHT HEEL JACK, & ROCK FORWARD BACK, ROCK BACK FORWARD

41&42 Step left across right, step right slightly right, touch left heel to left diagonal
&43&44 Step left beside right, step right across left, step left slightly left, touch right heel to right diagonal
&45-46-47-48 Step right beside left, rock/step forward on left, rock back on right, rock/step back on left, rock right forward

REPEAT

RESTART

There is a restart after count 44 on wall 3. Just leave off the last 4 rock steps

BRIDGE

The music slows and stops at count 42 on wall 4. You will have just done your first heel jack. Pause here with your heel on the diagonal and wait while he sings 'they make you cry when they say goodbye' (wave when he

sings 'goodbye') He then sings I love 'em etc' Restart the dance from the beginning on 'love'.

ENDING

The final steps of the dance are the heels at count &29 - &32. You will be facing the back wall so just execute these heel steps as you turn $\frac{1}{2}$ turn left to face the front
