

Skinny Dippin'

COPPER KNOB
STEPPERS

拍數: 0 牆數: 4 級數: Intermediate/Advanced
編舞者: Michael Ranieri (USA), Marge Kissell & Emily Greenough
音樂: Somethin' In the Water - Jeffrey Steele



Sequence: BCA, A (1-16), A, A (1-24), B, A (1-16), A, A (1-24), B, AADA, A (1-24), BBAAA

PART A

- 1-4 Right knee up, left knee up
5-8 Monterey turn to the right
- 9-12 Two hips bumps right, two hips bumps left
13-16 Right kick ball change, step forward right, $\frac{1}{4}$ turn left
- 17&18 With weight on right pushing off with left triple to the right
19-20 Rock forward left, recover on right
21&22 With weight on right, triple to the left,
23-24 Rock forward on right, recover on left
- 25-29 With weight on left, step right to the side, $\frac{1}{2}$ turn to the right, $\frac{1}{2}$ turn to the right, rock forward on left recover on right
30-31&32 With weight on right triple to the left, $\frac{1}{2}$ turn right ending with weight on right, weight change to left

PART B

- 1-4 Stomp right & hold
5-8 $\frac{1}{2}$ turn stomp left & hold
9-12 Hold both arms (palms up) at shoulder level, hold for 1 count
13-14 Wiggle butt down for 2 counts
15-16 Wiggle butt up for 2 counts

PART C

HIP BUMPS

- 1-16 Starting with 2 hip bumps to left going to 2 hip bumps to right - alternating between left and right for 16 counts

PART D

BODY ROLL

- 1-4 Body roll starting with weight back on right foot, rolling forward onto left