

# Skinless

拍數: 32      牆數: 4      級數: Intermediate/Advanced  
編舞者: Ed Lawton (UK)  
音樂: Rock DJ - Robbie Williams



## TOE HEEL LUNGE SLIDE ¼ TURN KICK CROSS BACK TWICE

1&2      Twist right toe to right, twist right heel to right, twist right toe to right as you lunge to right  
**Right knee is bent left leg is straight**  
3-4      Push weight on to left as you slide right to left, making a ¼ turn right, touching right to left  
5&6&      Kick right forward, step right across left, step back on left, step back on right  
7&8&      Kick left forward, step left across right, step back on right, step back on left.

## WALK, WALK, SHUFFLE. ½ TURN COASTER ¼ TURN TOUCH TWICE SLIDE

9-10      Walk forward on right, left  
11&12      Shuffle forward on right left right, making a ½ turn left  
13&14      Step back on left, step right next to left, step forward on left making ¼ turn left  
15&16      Touch right toe to right, touch right next to left, slide step right to right side

## SAILOR STEP TWICE TOUCH ½ TURN HEEL TWIST ½ TURN

17&18      Sailor step on left, right, left  
19&20      Sailor step on right, left, right  
21-22      Touch left toe back, make a ½ turn left  
23&24      Twist heels left, right, left making a ½ turn right (weight finishes on left)

## KICK, CROSS, SHUFFLE, COASTER STEP, TOUCH ¼ TURN, TOUCH ½ TURN

25&26      Kick right foot forward, step back on to right foot, crossing left over right  
27&28      Step back right, close left beside right, step back right  
29&30      Step back left, step right beside left, step forward left  
&31      Touch right toe to right, turning ¼ to left on left foot  
&32      Touch right toe next to left, turning ½ turn on left foot

## REPEAT

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