

拍數: 48 牆數: 4 級數: Advanced
編舞者: Guyton Mundy (USA)
音樂: (She's Got) Skillz (Club Mix) - All-4-One



KICK, HITCH, STEP, ¼ TURN SAILOR. KNEE SLAP, HAND MOTION

- 1&2 Kick right leg forward, hitch right leg back across left, step forward on right
3&4 While doing ¼ turn left, step left behind right, step together right, step forward left
5&6 With hands out in front, left hand over right both palms facing down, hitch up right knee and slap hands on knee; step forward on right, bring hands up in front of chest with arms extended and open hands at wrist with left palm facing forward and right palm facing toward body; step left to left side, twist hands in to the right motion so left fingers are facing 3:00 and right fingers are facing 9:00
7-8 Leaving left arm stationary, make ½ circle to the left with right arm ending with right hand above left; make ½ circle to the right with right arm, ending with right hand below left

¾ TURN WITH ARM MOVEMENT, COASTER, STEP, TRIPLE STEP WITH ¾ TURN, TOE POINT

- 1-2 Pivot to the left on left leg ¾ while sweeping right hand around head to the left (starting at left temple and ending on right side of neck)
3&4 Step back left, step together right, step forward left
5 Step forward on right
6&7 Rock forward left, recover back on right making ¼ turn left, continue ½ turn stepping back on left
8 Touch right toe to right side

STEP, SCUFF, HITCH ½ TURN, ROCK/ RECOVER, SHUFFLE, FULL TURN

- 1 Step forward on right
2&3-4 Scuff left foot forward while making ¼ turn right, hitch left foot, rock down on left foot, recover back on right while making ¼ turn right
5&6 Shuffle forward left-right-left
7-8 Step right-left while making full turn to the left

TOE POINTS, ¼ TURN, SCUFF WITH HITCH, ROCK/RECOVER, ¼ TURN SAILOR

- 1&2 Point right toe forward, point right toe side, point right toe back behind left
3-4 Making a ¼ turn right step forward on right, hitch left leg up
5-6 Rock forward on left, recover back on right
7&8 Make ¼ turn left while stepping behind with left, together with right, forward with left

HOLD WITH BODY POPS, SIDE STEPS, HOLD, SIDE STEPS

- 1-2 Hold while moving shoulders to the beat
&3 Bring right foot to left, step left to left side
4-5-6 Hold while moving shoulders to the beat
&7 Bring left foot to right, step right to right side
8 Hold

TOE POINTS, STEP BEHIND, COASTER WITH TOUCH, WALK BACKS, ½ TURN

- 1&2 Touch right toe forward, touch right toe to right side, step right behind left
3&4 Step left back, step together with right, touch left toe forward (ending with enough weight to prepare for push off)
5-6 Walk back left-right
7-8 Touch left toe back, do ½ turn left ending by stepping on left foot

REPEAT
