

# Ski Country

拍數: 48                      牆數: 4                      級數: Beginner  
編舞者: Kathy Gurdjian (USA)  
音樂: Put Your Heart Into It - Sherrié Austin



## DIAGONAL STEPS, TRAVELING BACK (CHECKING OUT THE BACK COUNTRY!)

1-2                      Step back right on diagonal, slide touch left toe to right foot/clap  
3-4                      Step back left on diagonal, slide touch right toe to left foot/clap  
5-6                      Step back right on diagonal, slide touch left toe to right foot/clap  
7-8                      Step back left on diagonal, slide touch right toe to left foot/clap

## STEP FORWARD, SHIMMY, TOGETHER/CLAP (SHAKIN' OFF THE SNOW!)

9-10                     Step forward right on diagonal as you bend over and shimmy shoulders 2 times  
11-12                    Touch left together with right, straighten up and clap  
13-14                    Step forward left on diagonal as you bend over and shimmy shoulders 2 times  
15-16                    Touch right together with left, straighten up and clap

## PIVOT ¼ RIGHT, POLKA STEPS, STEP SCUFFS (DODGING THOSE TREES!)

&                         On ball of left pivot ¼ turn right  
17&18                    Triple step forward right, left, right  
19&20                    Triple step forward left, right, left  
21-22                    Step forward right, scuff left heel forward  
23-24                    Step forward left, scuff right heel forward

## HEEL TAPS (MOGULS, KEEP THIS LIGHT AND BOUNCY!)

25-26&                   Tap right heel front 2 times, & step right back to center  
27-28&                   Tap left heel front 2 times, & step left back to center  
29-30&                   Tap right heel front 2 times, & step right back to center  
31-32                    Tap left heel front 2 times

## SIDE STEPS (DOWN HILL CRUISING, LOTS OF POWDER!)

33-34                    Step left to left, step right to left  
35-36                    Step left to left, touch right toe to left foot  
37-38                    Step right to right, step left to right foot  
39-40                    Step right to right, touch left toe to right foot

## STOMP, HOLD, HIPS (MADE IT!)

41-44                    Stomp left out to left side, hold 3 counts (note below)  
45-48                    Bump hips right, left, right, left

## REPEAT

For phrasing purposes, at the end of the song on vocals, "We're From the Country" 3 times, Tag additional 8 counts, to the last 8 counts as follows:

41-44                    Stomp left out to left side, hold 3 counts  
Tag                      Bump right hip to right, hold 3 counts  
Tag                      Bump left hip to left, hold 3 counts  
45-48                    Bump hips right, left, right, left