

Ski Country

拍數: 48 牆數: 4 級數: Beginner
編舞者: Kathy Gurdjian (USA)
音樂: Put Your Heart Into It - Sherrié Austin



DIAGONAL STEPS, TRAVELING BACK (CHECKING OUT THE BACK COUNTRY!)

1-2 Step back right on diagonal, slide touch left toe to right foot/clap
3-4 Step back left on diagonal, slide touch right toe to left foot/clap
5-6 Step back right on diagonal, slide touch left toe to right foot/clap
7-8 Step back left on diagonal, slide touch right toe to left foot/clap

STEP FORWARD, SHIMMY, TOGETHER/CLAP (SHAKIN' OFF THE SNOW!)

9-10 Step forward right on diagonal as you bend over and shimmy shoulders 2 times
11-12 Touch left together with right, straighten up and clap
13-14 Step forward left on diagonal as you bend over and shimmy shoulders 2 times
15-16 Touch right together with left, straighten up and clap

PIVOT ¼ RIGHT, POLKA STEPS, STEP SCUFFS (DODGING THOSE TREES!)

& On ball of left pivot ¼ turn right
17&18 Triple step forward right, left, right
19&20 Triple step forward left, right, left
21-22 Step forward right, scuff left heel forward
23-24 Step forward left, scuff right heel forward

HEEL TAPS (MOGULS, KEEP THIS LIGHT AND BOUNCY!)

25-26& Tap right heel front 2 times, & step right back to center
27-28& Tap left heel front 2 times, & step left back to center
29-30& Tap right heel front 2 times, & step right back to center
31-32 Tap left heel front 2 times

SIDE STEPS (DOWN HILL CRUISING, LOTS OF POWDER!)

33-34 Step left to left, step right to left
35-36 Step left to left, touch right toe to left foot
37-38 Step right to right, step left to right foot
39-40 Step right to right, touch left toe to right foot

STOMP, HOLD, HIPS (MADE IT!)

41-44 Stomp left out to left side, hold 3 counts (note below)
45-48 Bump hips right, left, right, left

REPEAT

For phrasing purposes, at the end of the song on vocals, "We're From the Country" 3 times, Tag additional 8 counts, to the last 8 counts as follows:

41-44 Stomp left out to left side, hold 3 counts
Tag Bump right hip to right, hold 3 counts
Tag Bump left hip to left, hold 3 counts
45-48 Bump hips right, left, right, left