

Ski Bumpus

拍數: 40 牆數: 1 級數: Beginner
編舞者: Linda De Ford (USA)
音樂: Ski Bumpis - Wickline Band



SHUFFLE, SHUFFLE, STEP-PIVOT (TWICE)

- 1&2 Shuffle starting with right foot angle body 45 degrees to left (right, left, right)
3&4 Shuffle starting with left foot angle body 45 degrees to right (left, right, left)
5-6 Step forward on right foot, turn ½ turn to the left moving weight to left foot
- 7&8 Shuffle starting with right foot angle body 45 degrees to left (right, left, right)
9&10 Shuffle starting with left foot angle body 45 degrees to right (left, right, left)
11-12 Step forward on right foot, turn ½ turn to the left moving weight to left foot

BOX STEPS

- 13-14 Cross-step right foot in front of left foot, step back on left foot
15-16 Step to the right side with right foot, step forward with left foot
17-18 Cross-step right foot in front of left foot, step back on left foot
19-20 Step to the right side with right foot, step forward with left foot

TOUCH, STEP (4 TIMES)

- 21-22 Touch right foot out to right side, step forward with right foot
23-24 Touch left foot out to left side, step forward with left foot
25-26 Touch right foot out to right side, step forward with right foot
27-28 Touch left foot out to left side, step forward with left foot

KICK-BALL-CHANGE, KICK-BALL-CHANGE, STEP-PIVOT (TWICE)

- 29&30 Kick out with right foot and bring back and place beside left foot with quick weight change by shifting weight front ball of right foot to the left foot (weight stays on left foot)
31&32 Kick out with right foot and bring back & place beside left foot with quick weight change by shifting weight from ball of right foot to the left foot (weight stays on left foot)
33-34 Step forward on right foot, turn ½ turn to the left moving weight to left foot
- 35&36 Kick out with right foot and bring back and place beside left foot with quick weight change by shifting weight from ball of right foot to the left foot (weight stays on left foot)
37&38 Kick out with right foot and bring back and place beside left foot with quick weight change by shifting weight from ball of right foot to the left foot (weight stays on left foot)
39-40 Step forward on right foot, turn ½ turn to the left moving weight to left foot

REPEAT

In places where this dance is called "Black Velvet", it typically starts with the TOUCH, STEP sequence at count 21.