

Six Pack

拍數: 64 牆數: 4 級數:
編舞者: Joyleen Secomb (AUS) & Lorraine Daniels (AUS)
音樂: Six Pack Of Memories - Craig Giles



-
- 1-4 Right 45 degrees, hook right over left leg, right 45, step right together
5-8 Right side shuffle right-left-right, rock back on left, rock forward on right
- 9-12 Left 45 degrees, hook left over right leg, left 45, step left together
13-16 Left side shuffle left-right-left, rock back on right, rock forward on left
- 17-18 Step 45 degrees forward on right, hip bump twice
19-20 Step 45 degrees forward on left, hip bump twice
21-24 Step forward on right, pivot ½ turn left, stomp right, clap
- 25-26 Step 45 degrees forward on right, hip bump twice
27-28 Step 45 degrees forward on left, hip bump twice
29-32 Step forward on right, pivot ½ turn left, stomp right, clap
- 33-36 Right 45 degrees, hook right over left leg, right 45 degrees, step right together
37-38 Heel splits
- 39-42 Vine right, turning full turn right-left-right, left together
43-46 Left 45 degrees, hook left over right leg, left 45, step left together
47-48 Heel splits
- 49-52 Vine left turning full turn left-right-left, right together
53-56 Step forward on right, lock left behind right, step forward on right, turn ½ turn right
- 57-60 Step forward on left, lock right behind left, step forward on left, step right next to left
- 61-62 Kick right ball change(step right, step left), turning ¼ turn left
63-64 Kick right ball change (step right, step left).

REPEAT
