

# Sittin' On Go

**COPPER KNOB**  
STEPSHEETS

拍數: 80      牆數: 2      級數: Intermediate  
編舞者: Narelle Duncan (AUS) & Trent Duncan (AUS)  
音樂: Sittin' On Go - Bryan White



## HEEL, HEEL, ROCK BACK, FREEZE STEP ACROSS

- 1-4      Place right heel forward, place right heel to 45 degrees, step back on right, rock forward onto left  
5-8      Step right to right side, step left behind right, step right to right side, step left over right

## STEP SIDE, HEEL, HEEL, ROCK BACK, FREEZE

- 1-4      Step right to right side, place left heel forward, place left heel to 45 degrees, step back on left  
5-8      Rock forward onto right, step left to left side, step right behind left, step left to left side

## HEEL GRIND, ROCK BACK, STEP ½ PIVOT, STEP STOMP

- 1-4      (Like dance ranch romp) place right heel forward, grind right heel, step back on right, rock forward onto left  
5-8      Step forward right, pivot ½ turn left, step forward right, stomp left beside right

## TWIST RIGHT SIDE, HEELS, TOES, HEELS, TOES, ROCK FORWARD, ½ STEP, SCUFF

- 1-4      Twist to the right side - heels, toes, heels, toes  
5-8      Step left forward, rock back onto right, turn 1/2 turn left step forward left, scuff right

## RIGHT LOCK FORWARD, SCUFF, ¼ PIVOT, ¼ PIVOT

- 1-4      Step right forward, step left behind right, step right forward, scuff left  
5-8      Step left forward, pivot ¼ turn right, step left forward, pivot ¼ turn right

## LEFT ROCK FORWARD, ¾ TRIPLE STEP, ROCK FORWARD, ½ SHUFFLE

- 1-4      Step left forward, rock back onto right, turning ¾ turn step left-right-left  
5-6-7&8      Step right forward, rock back onto left, turning ½ turn right shuffle right-left-right

## ½ SHUFFLE, ½ SHUFFLE, SIDE ROCK, SAILOR STEP

- 1&2&3&4      Turning ½ right shuffle left-right-left, turning ½ turn right shuffle right-left-right  
5-6-7&8      Step left to left side, rock weight onto right. (left sailor step) step left behind right, step right to right side, step left to left side

## SAILOR STEP, STEP BEHIND, STEP ¼, ROCK FORWARD, COASTER STEP

- 1&2      (Right sailor step) step right behind left, step left to left side, step right to right side  
3-4      Step left behind right, turning ¼ turn right step forward right  
5-6-7&8      Step left forward, rock back onto right, (left coaster step) step left back, step right beside left, step left forward

## RIGHT TOUCH SIDE, HOLD, LEFT TOUCH SIDE, HOLD, RIGHT TOE DROP BACK, LEFT TOE DROP BACK

- 1-2&3-4      Touch right toe to right side, hold 1 beat, step right together touch left toe to left side, hold 1 beat  
&5-6-7-8      Step left together, step right toe back, drop right heel, step left toe back, drop left heel

## RIGHT TOUCH SIDE, HOLD, LEFT TOUCH SIDE, HOLD, RIGHT TOE DROP FORWARD, LEFT TOE DROP FORWARD

- 1-2&3-4      Touch right toe to right side, hold 1 beat, step right together touch left toe to left side, hold 1 beat

&5-6-7-8      Step left together, step right toe forward, drop right heel, step left toe forward, drop left heel

**REPEAT**

**RESTART**

**On the 5th wall (should be facing the front) do the first 16 counts then restart**

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