

Sitting Down Here

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Sue Reynolds
音樂: Sitting Down Here - Lena Marlin



RIGHT & LEFT HEEL DIGS, RIGHT TOE TAPS / LEFT AND RIGHT HEEL DIGS, LEFT TOE TAPS

1-2 Right heel dig, left heel dig
3-4 Right toe taps twice (clicking fingers at shoulder height twice)
5-6 Left heel dig, right heel dig
7-8 Left toe taps twice (clicking fingers at shoulder height twice)

LEFT SHUFFLE FORWARD, KICK FORWARD, SIDE, RIGHT SHUFFLE BACK, KICK FORWARD, SIDE WITH ¼ TURN LEFT

9&10 Left shuffle forward left-right-left
11-12 Kick right foot forward, then to right side
13&14 Right shuffle back
15-16 Kick left foot forward, then to side making ¼ turn to left at same time

TRIPLE IN PLACE LEFT-RIGHT-LEFT, FORWARD ROCK AND RECOVER, BACK ROCK AND RECOVER, STEP AND HOLD

17&18 Triple in place leading left-right-left
19-20 Rock forward onto right, recover weight onto left
21-22 Rock back onto right, recover weight onto left

On steps 23-26 hold elbows to side, palms flat and upturned at shoulder height, as if asking "Why?"

23-24 Step right to right side (so feet apart) hold

AND STEP, HOLD, CROSS ROCK LEFT OVER RIGHT, SIDE SHUFFLE TO LEFT, STEP FORWARD ON RIGHT, PIVOT ¼ TURN TO LEFT

&25-26 Close left and step right to right side, hold
27-28 Cross rock left over right, recover weight onto right
29&30 Side shuffle to left leading left-right-left
31-32 Step forward on right, pivot ¼ turn to left, weight ending on left

REPEAT
