

# Sit Down

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Anji Cowley (UK)  
音樂: Sit Down Next To Me - James



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## KICK, KICK, TRIPLE STEP (LEADING RIGHT THEN LEFT)

1-2            Kick right foot forward twice  
3&4           Triple step in place right, left, right  
5-6           Kick left foot forward twice  
7&8           Triple step in place, left, right, left

## RIGHT GRAPEVINE WITH TOUCH, LEFT GRAPEVINE ¼ TURNING LEFT, SCUFF

9-10           Step right to right side, cross left behind right  
11-12          Step right to right side, touch left beside right  
13-14          Step left to left side, cross right behind left  
15-16          Step left to left side ¼ turning left, scuff right beside left

## DIAGONAL TOE TOUCHES FORWARD & BACK

17-18          Step right diagonally forward right, touch left beside right  
19-20          Step left diagonally back left (returning to center), touch right beside left  
21-22          Step right diagonally back right, touch left beside right  
23-24          Step left diagonally forward left (returning to center), scuff right beside left

## SHUFFLE FORWARD, STEP ½ TURN PIVOT (TWICE)

25&26          Step right foot forward, close left beside right, step right foot forward  
27-28          Step forward left, pivot ½ turn right (shifting weight on to right foot)  
29&30          Step left foot forward, close right beside left, step left foot forward  
31-32          Step forward right, pivot ½ turn left (shifting weight on to left foot)

**REPEAT**

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