

Sir Duke

拍數: 48 牆數: 1 級數:
編舞者: Peter Metelnick (UK)
音樂: Sir Duke - Stevie Wonder



First taught at the celebration of the 20th Anniversary of Hamilton Road Community Center, which opened in 1977, when "Sir Duke" was a #1 hit.

RIGHT FORWARD CHARLESTON TWICE

1-2 Step right foot forward, kick left foot forward
3-4 Step left foot back, touch right toes back
5-8 Repeat above 4 counts

RIGHT & LEFT FORWARD SHUFFLE, RIGHT FORWARD, ½ LEFT PIVOT TURN, RIGHT & LEFT TOGETHER

1&2 Step right foot forward, step left foot forward, step right foot forward
3&4 Step left foot forward, step right foot forward, step left foot forward
5-6 Step right foot forward, pivot ½ left with weight ending on left foot
7-8 Step right foot together, step left foot together (now facing rear of hall)

RIGHT CHARLESTON FORWARD TWICE

1-2 Step right foot forward, kick left foot forward
3-4 Step left foot back, touch right toes back
5-8 Repeat above 4 counts

RIGHT & LEFT FORWARD SHUFFLE, RIGHT FORWARD, ½ LEFT PIVOT TURN, RIGHT & LEFT TOGETHER

1&2 Step right foot forward, step left foot forward, step right foot forward
3&4 Step left foot forward, step right foot forward, step left foot forward
5-6 Step right foot forward, pivot ½ left with weight ending on left foot
7-8 Step right foot together, step left foot together (now facing front of hall)

FORWARD DIAGONAL STEP SLIDE STEP TOUCHES RIGHT & LEFT

1-4 On a right diagonal step right foot forward, slide left foot together, step right foot forward, touch left foot together & clap
5-8 On a left diagonal step left foot forward, slide right foot together, step left foot forward, touch right foot together

DIAGONAL STEP TOUCHES BACK (ZIG ZAG!)

1-2 On a right diagonal step right foot back, touch left foot together & clap
3-4 On a left diagonal step left foot back, touch right foot together & clap
5-6 On a right diagonal step right foot back, touch left foot together & clap
7-8 On a left diagonal step left foot back, touch right foot together & clap

REPEAT