

# Sioh Mama E

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Jos Slijpen (NL)  
音樂: Sioh Mama E - Jim Pownall



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## SIDE STEP RIGHT, TOGETHER, FORWARD SHUFFLE RIGHT, ROCK FORWARD LEFT, RECOVER, SHUFFLE ½ TURN LEFT

1-2            Step right to right side, step left together  
3&4           Shuffle forward stepping right-left-right  
5-6           Rock forward left, recover weight on right  
7&8           Shuffle ½ turn left stepping left-right-left (6:00)

## SIDE STEP RIGHT, TOGETHER, FORWARD SHUFFLE RIGHT, FORWARD STEP LEFT, PIVOT ¾ TURN RIGHT, SIDE SHUFFLE LEFT

1-2            Step right to right side, step left together  
3&4           Shuffle forward stepping right-left-right  
5-6           Step forward left, pivot ¾ turn right  
15&16        Side shuffle left stepping left-right-left (3:00)

## BACK ROCK RIGHT, RECOVER, SHUFFLE ½ TURN LEFT, BACK ROCK LEFT, RECOVER, SHUFFLE ½ TURN RIGHT

1-2            Rock back on right, recover weight on left  
3&4           Shuffle ½ turn left stepping right-left-right (9:00)  
5-6           Rock back on left, recover weight on right  
7&8           Shuffle ½ turn right stepping left-right-left (3:00)

## BACK ROCK RIGHT, RECOVER, FORWARD SHUFFLE RIGHT, FORWARD ROCK LEFT, RECOVER, TRIPLE ¾ TURN LEFT

1-2            Rock back on right, recover weight on left  
3&4           Shuffle forward with right-left-right  
5-6           Rock forward on left, recover weight on right  
7&8           Make in a triple ¾ turn left stepping left-right-left (6:00)

**REPEAT**

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