

# Sink Or Swim Polka

COPPER KNOB  
STEPPERS

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: John Dembiec (USA)  
音樂: Don't Cross The River - Garth Brooks



## ROCK/RECOVER, TURNING SHUFFLE, KICKS, PIVOT, HITCH

- 1-2      Rock forward left, recover back to right
- 3&4      Making ½ turn to left, shuffle back left, right, left
- 5-6      Kick right forward, kick right back
- 7-8      While on left foot, pivot ½ turn right with a right kick, hitch right over left

## SHUFFLE FORWARD, SHUFFLE SIDE (TWICE)

- 1&2      Shuffle forward right, left, right
- 3&4      Making ¼ turn right, side shuffle left, right, left
- 5&6      Making ¼ turn left, shuffle forward right, left, right
- 7&8      Making ¼ turn right, side shuffle left, right, left

## ROCK/RECOVER, KICK AND CROSSES, ½ TURN PIVOT

- 1-2      Rock diagonally back behind with right, recover to left
- 3&4      Facing diagonally right, kick right, step right next to left, step left over right
- 5&6      Kick right, step right next to left, step left over right
- 7-8      Step right to right, pivoting ½ turn to right on right, step left to left

## KICK AND STEP, ROCK/RECOVER, ½ TURN SHUFFLE

- 1&2      Facing diagonally left, kick right forward, step right next to left, step left to left
- 3&4      Kick right forward, step right next to left, step left to left
- 5-6      Rock right diagonally over left, recover to left
- 7&8      Turning ½ turn to right, shuffle right, left, right

## SHUFFLE FORWARD, ½ TURNS WITH HITCHES, ROCK/RECOVER

- 1&2      Shuffle forward left, right, left
- 3&      Step right forward, pivot ½ turn left and hitch left knee up
- 4&      Step left back, pivot ½ turn left and hitch right knee up
- 5&      Step right forward, pivot ½ turn left and hitch left knee up
- 6&      Step left back, pivot ½ turn left and hitch right knee up
- 7-8      Rock right forward, replace back to left

## BACK COASTER, TURNING TOE TOUCHES, BACK ROCK/RECOVER

- 1&2      Step right back, step left next to right, step right slightly forward
- 3&      Touch left to left, step left next to right with ¼ turn to left
- 4&      Touch right to right, step right next to left
- 5&      Touch left to left, step left next to right with ¼ turn to left
- 6&      Touch right to right, step right next to left
- 7-8      Rock back on left, replace back to right

## REPEAT