

Sink Or Swim

拍數: 64 牆數: 4 級數:
編舞者: Mark Simpkin (AUS)
音樂: I Want You Bad (And That Ain't Good) - Collin Raye



- 1-4 Cross left over right, step right to side, step left-right-left (cha, cha, cha) with left crossing behind right
5-8 Cross right over left, step left to side, step right-left-right (cha, cha, cha) with right crossing behind left
- 1-4 Step forward on left, pivot $\frac{1}{2}$ turn right, step forward left-right-left (cha, cha, cha)
5-8 Step back on right, step onto left turning $\frac{1}{2}$ turn left, step forward right-left-right (cha, cha, cha)
- 1-4 Vine left-right-left turning left $1 \frac{1}{2}$ turn, scuff right
5-6 Step forward on right, rock back on left
7-8 Step forward right-left-right (cha, cha, cha)
- 1-2 Step forward on left, pivot $\frac{1}{2}$ turn right
3-4 Step forward left-right-left (cha, cha, cha)
5-6 Shuffle to the right right-left-right with left foot crossing behind right
7-8 Shuffle to the right left-right-left with left foot crossing in front of right
- 1-2 Scuff right foot forward, scuff right foot back
3&4 Scuff right foot forward, hop onto right, touch left toe behind
5-6 Shuffle to the left left-right-left with right foot crossing behind left
7-8 Shuffle to the left right-left-right with right foot crossing in front of left
- 1-2 Scuff left foot forward, scuff left foot back
3&4 Scuff left foot forward, hop onto left, touch right toe behind
5-6 Jump feet apart, jump feet tog with right crossed in front of left
7-8 Pivot full turn left on balls of feet, scuff right
- 1-4 Step onto right turning $\frac{1}{4}$ turn left, touch left toe behind right, step onto left, scuff right
5-6 Step forward on right, pivot $\frac{1}{2}$ turn left
7-8 Step forward on right pivot full turn left swinging left foot around
- 1-2 Shuffle forward left-right-left
3-4 Step onto right turning $\frac{1}{4}$ turn left, stomp left beside right
5-6 Turn $\frac{1}{4}$ turn right & step back onto left, stomp right beside left
7-8 Turn $\frac{1}{2}$ turn right & step onto right, scuff left

REPEAT
