

Single Moment

拍數: 0 牆數: 2 級數: Intermediate
編舞者: Zoe Dixon
音樂: Couldn't Last a Moment - Collin Raye



Sequence: AB, AB, AB, AB, AB

SECTION A

RIGHT GRAPEVINE, LEFT GRAPEVINE WITH A ¼ TURN LEFT

- 1 Step right to right side
- 2 Cross left behind right
- 3 Step right to right side
- 4 Touch left next to right
- 5 Step left to left side
- 6 Cross right behind left
- 7 Step left a ¼ turn left
- 8 Step right next to left

WALK FORWARD, KICK, WALK BACK WITH A ¼ TURN LEFT

- 1-2-3 Walk forward right, left, right
- 4 Kick left
- 5-6 Walk back left right
- 7-8 Step left a ¼ turn left and touch right next to it

TOUCHES-RIGHT, LEFT, RIGHT TWICE

- 1-2 Touch right to right side, and then bring together
- 3-4 Touch left to left side, and then bring together
- 5-6 Touch right to right side, and then bring together
- 7-8 Repeat counts 5-6

SLIDES

- 1-2-3-4 Step right a big step to the right side and slowly bring left next to it in 3 counts
- 5-6-7-8 Repeats counts 1-4 but leading on the left

ROCK AND ½ TRIPLE TURN, ROCK AND ¾ TRIPLE TURN

- 1-2 Rock forward on right and replace weight on left
- 3&4 ½ turn right stepping right, left, right
- 5-6 Rock forward on left and replace weight on right
- 7&8 ¾ turn left stepping left, right, left

SECTION B

SLIDE RIGHT, ROLLING GRAPEVINE (OR JUST VINE) LEFT

- 1-2-3-4 Step right a big step to the right and slowly bring left next to it in 3 counts
- 5-6-7-8 Start on you left foot and a rolling vine and finish touching right next to left

2 ROCKS AND 2 COASTER STEPS

- 1-2 Rock on right and replace weight on left
- 3&4 Step right back, step left next to it and bring right forward
- 5-6-7&8 Repeat the last four counts but leading on your left

A ¼ TURN LEFT, WITH A RIGHT CROSS, LEFT TO SIDE, ½ TURN RIGHT, LEFT ROCK, LEFT CHASSE

- 1-2 Step right forward, then turn ¼ to the left

- 3 Cross right over left
- &4 Step left to left side and then bring right foot round so it makes a ½ turn right
- 5-6 Rock left in front of right and replace weight on right
- 7&8 Step left to left side, bring right next to it and step left to left side

RIGHT ROCK, ¼ TURN SAILOR STEP, WALK FORWARD WITH A LEFT SHUFFLE

- 1-2 Rock right in front of left and replace weight on left
- 3&4 Sweep right around a ¼ turn right, step left next to it and step right forward
- 5-6 Walk forward left, right
- 7&8 Step left forward, step right next to it and then step left forward

2 COASTER STEPS

- 1-2 Rock forward on right and replace weight on left
- 3&4 Step right back, step left next to right and step right forward
- 5-6-7&8 Repeat last four counts but leading on your left

SIDE BUMPS

- 1 Step right to right side
 - 2 Bump to the right
 - 3 Bump to the left
 - 4 Touch left next to right
 - 5-6-7-8 Repeat the last four counts but leading on left
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