

Single Girl Blues

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Beginner west coast swing
編舞者: Christine Bass (USA)
音樂: Single Girl Blues - Beccy Cole



WALK RIGHT LEFT, KICK 2X, COASTER, STEP FORWARD, TOUCH

1-4 Walk forward right - left, kick right forward twice
5&6 Step right back, step left next to right, step right forward
7-8 Step forward on left, touch right behind left

WALK BACK RIGHT-LEFT-RIGHT, POINT LEFT, SAILOR, STEP FORWARD ¼ PIVOT TURN LEFT (9:00)

1-4 Walk back right-left-right, point left to left side
5&6 Step left behind right, step right to right side, step left slightly forward
7-8 Step forward right, pivot ¼ left (keep weight left)

FORWARD SHUFFLE, ROCK RECOVER, BACK SHUFFLE, BACK ROCK

1&2 Step forward right, slide left up to & behind right, step forward right
3-4 Rock forward left, recover back right
5&6 Step left back, slide right up to & in front of left, step left back
7-8 Back rock right, recover left forward

CROSS STEP, POINT, & POINT & POINT, ¼ TURN, KICK LEFT, COASTER STEP (6:00)

1-2 Cross step right over left, point left to left side
&3&4 Bring left to center, point right to right side, bring right to center, point left to left side
5-6 Pivot ¼ turn left (keep weight on right), kick left forward
7&8 Step left back, step right next to left, step left forward

FORWARD SHUFFLE, ROCK RECOVER, SIDE SHUFFLE, BACK ROCK

1&2 Step forward right, slide left up to & behind right, step forward right
3-4 Rock forward left, recover back right
5&6 Step left to left side, slide right next to left, step left to left side
7-8 Back rock right, recover left forward

WEAVE RIGHT, BACK ROCK, SIDE SHUFFLE

1-2&3-4 Step right to right side, step left behind right, step right to right side, cross step left over right, step right to right side
5-6 Back rock left, recover forward right
7&8 Step left to left side, slide right next to left, step left to left side

STEP RIGHT BEHIND LEFT, STEP LEFT ¼ TURN (3:00), FORWARD SHUFFLE, ROCK-RECOVER, COASTER STEP

1-2 Step right behind left, step left ¼ turn
3&4 Step forward right, slide left up to & behind right, step forward right
5-6 Rock left forward, recover back right
7&8 Step left back, step right next to left, step left forward

JAZZ BOX, JAZZ BOX ¼ TURN (6:00)

1-4 Cross right over left, step left slightly back, step right to right side, step left slightly forward
5-8 Cross right over left, while stepping back on left make a ¼ turn right, step right to right side, step left slightly forward

REPEAT

