

Singing The Blues

拍數: 48 牆數: 4 級數: Improver
編舞者: Tracy Brown (UK)
音樂: Mr. Blue - The Nadine Somers Band



HEEL SWITCHES, ½ PIVOT, RIGHT SHUFFLE, LEFT SHUFFLE

1&2& Touch right heel forward, step right in place, touch left heel forward, step left in place
3-4 Step forward right, pivot ½ turn left
5&6 Step right forward, step left beside right, step right forward
7&8 Step left forward, step right beside left, step left forward

HEEL SWITCHES, ½ PIVOT, RIGHT SHUFFLE, LEFT SHUFFLE

9&10& Touch right heel forward, step right in place, touch left heel forward, step left in place
11-12 Step forward right, pivot ½ turn left
13&14 Step right forward, step left beside right, step right forward
15&16 Step left forward, step right beside left, step left forward

2X ¼ TURNING JAZZ BOXES

17-18 Cross right over left, step back on left
19-20 Turn right ¼ turn right, step left beside right
21-22 Cross right over left, step back on left
23-24 Turn right ¼ turn right, step left beside right

RIGHT SHUFFLE, LEFT SHUFFLE, RIGHT JAZZ BOX

25&26 Step right forward, step left beside right, step right forward
27&28 Step left forward, step right beside left, step left forward
29-30 Cross right over left, step back on left
31-32 Step right back, step left beside right

¼ TURN JAZZ BOX, 2 X RIGHT KICK BALL CHANGE

33-34 Cross right over left, step back on left
35-36 Turn right ¼ turn right, step left beside right
37&38 Kick right forward, step right beside left, step left in place
39&40 Kick right forward, step right beside left, step left in place

RIGHT ROCK, ½ TURN SHUFFLE, LEFT ROCK, LEFT COASTER STEP

41-42 Rock forward on right, rock back on left
43&44 ½ turn shuffle right stepping - right, left, right
45-46 Rock forward on left, rock back on right
47&48 Step back left, step right beside left, step forward left

REPEAT