

Singalongmysong

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Michele Perron (CAN)
音樂: Singalongsong - Tim Tim



WALKS FORWARD, SKATE-TOUCH, SKATE-TOUCH

- 1-2-3 Right, left, right steps forward
4 Left touch beside right
5 Left skate (swivel on right to turn $\frac{1}{4}$ left and slide/step left forward)
Optional hand motion: take left arm, sweep from inside to side left (at waist level) with palm facing forward at finish, and head looks left
6 Right touch beside left
7 Right skate (swivel on left to turn $\frac{1}{2}$ right and slide/step right forward)
Optional hand motion: take right arm, sweep from inside to side right (at waist level), palm facing forward at finish, and head looks right
8 Left touch beside right
& Execute a $\frac{1}{4}$ turn left (12:00)

WALKS FORWARD, SKATE-TOUCH, SKATE-SCUFF

- 1-2-3 Left, right, left steps forward
4 Right touch beside left
5 Right skate (swivel on left to turn $\frac{1}{4}$ right and slide/step right forward)
Optional hand motion: take right arm, sweep from inside to side right (at waist level), palm facing forward at finish, and head looks right
6 Left touch beside right
7 Left skate (swivel on right to turn $\frac{1}{2}$ left and slide/step left forward)
Optional hand motion: take left arm, sweep from inside to side left (at waist level) with palm facing forward at finish, and head looks left
& Turn $\frac{1}{8}$ right to face diagonal left
8 Right heel scuff across front of left and face diagonal left (12:00)

CROSS (IN FRONT), ROCK, SIDE, SCUFF; CROSS (IN FRONT), ROCK, SIDE, DIG

- 1-2 Right cross step in front of left, left rock/step back
3-4 Right step to side right, left heel scuff across front of right and face diagonal right
5-6 Left cross step in front of right, right rock/step back
7-8 Left step to side left, right heel 'dig' beside left (12:00)

WALKS BACK, HITCH & TURN, DRAG, STOMP, HOLD

- 1-2-3 Right, left, right steps back
4-5 Left knee hitch, $\frac{1}{2}$ turn left with left step forward
6-7-8 Right drag towards left, right stomp beside left (no weight), hold and clap (6:00)

CROSS (BEHIND), ROCK, SIDE, DIG: RIGHT, LEFT

- 1-2 Right step cross behind left (allow body to face diagonal right), left rock/step forward
3-4 Right step to side right, left heel 'dig' diagonal left forward
5-6 Left step cross behind right (allow body to face diagonal left), right rock/step forward
7-8 Left step to side left, right heel 'dig' diagonal right forward

CROSS (BEHIND), ROCK, SIDE, DIG; CROSS, (BEHIND), ROCK, SIDE, TOUCH

- 1-2 Right step cross behind left (allow body to face diagonal right), left rock/step forward
3-4 Right step to side right, left heel 'dig' diagonal left forward
5-6 Left step cross behind right (allow body to face diagonal left), right rock/step forward

7-8 Left step to side left, right touch beside left

OUT, OUT, IN, IN, BUMP HIPS: LEFT, RIGHT

1-2 Right step to side right, left step to side left
3-4 Right step back to center, left touch beside right
5&6 Bump hips twice to left (left, center, left)
7&8 Bump hips twice to right (right, center, right)

HIP CIRCLES TWICE, CROSS, HOLD, UNWIND, HOLD

1-2 Circle hips to the left (front, left, back, right)
3-4 Circle hips to the left (front, left, back, right)
&5-6 Circle hips to left, right toe/ball cross step across front of left, hold
7-8 Execute $\frac{3}{4}$ turn to left, end with weight on left, hold and clap (9:00)

REPEAT

You will finish the dance at count 32, so throw arms up and out and create a pose on count 32 and execute a $\frac{1}{4}$ turn left to face front! (not $\frac{1}{2}$ turn)
